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VOL. 28, NO. 36

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 5, 2021

MARCH SUNRISE/SUNSET:

5 6:48 •6:32 **6** 6:47 • 6:32 **7** 6:46 • 6:33 **8** 6:45 • 6:33 **9** 6:44 • 6:34 **10** 6:43 • 6:34 **11** 6:42 • 6:35



Shell art and shell crafts are for sale

New Attractions For Shell Festival

he 84th annual Sanibel Shell Festival is under way at The Community House, presenting a variety of fascinating shell-related displays and activities, and bringing with it a taste of "Old Sanibel" history.

photo by Lorin Arundel

Due to COVID-19 restrictions, the judged artistic and scientific exhibits will not be a part of the festival this year at The Community House, however, an abundance of shells, shell art, shell crafts and shell-related books will be on display along with educational exhibits and a live tank for an up-close view at mollusks. Artwork donated by the Sanibel Captiva continued on page 18

New City Council Members Elected

by Wendy McMullen

ike Miller, John Henshaw and Dr. Scott Crater were elected as council members in a special election for Sanibel City Council held on March 2.
The votes were close with just two

percentage points between the three winners and there was a was a fairly good turnout with 2,670 or 46 percent of eligible voters turning in their votes in Tuesday's election, according to the Lee County elections office. Most voted by mail, with more than twice as many votes cast before the election as on election day. There are 5,787 registered voters on Sanibel.

The number one vote getter was Miller, a practicing attorney specializing in elder law. He got a total of 1,695 or 24 percent of votes cast. Miller and his wife Mary have lived on Sanibel for 20 years and been involved in a number of organizations including Sanibel's Budget Advisory and Parks and Recreation committees. He has been active in advocating for water distribution infrastructure, nutrient pollution remediation and Everglades



Mike Miller

restoration. With 17 years as chief financial officer of a large corporation, Miller has extensive experience in budgeting, financial management and investment oversight.

"I am honored to be chosen by the citizens of this wonderful community

Dr. Scott Crater to serve as part of



John Henshaw

their local government," Miller said. Miller has served three years as president continued on page 4

Sanibel Music **Festival Features** Two Concerts

anibel Music Festival is launching its Emerging Artist Series this year in March. The series will feature the FGCU Bower School of Music Chamber Ensembles daytime performances on Sanibel. "We are delighted to welcome Dr. Kyle Szabo and the talented Bower School of Music artists to Sanibel," said Jana Stone, Sanibel Music Festival president. "The Emerging Artist Series will showcase promising talent in a beautiful island venue, while allowing strict observance of public health standards."

Sanibel Music Festival Emerging Artist Series concerts will be held on Tuesday, March 23 and Tuesday, March 30 at 11 a.m. at Sundial Beach Resort & Spa on Sanibel. The venue offers socially distanced seating, easy accessibility and plenty of on site parking.

Register at www.sanibelmusicfestival. org for complimentary, guaranteed socially distanced seating, and to make a free will donation. Walk-ins are welcome as space permits. All donations support the Bower School of Music. Concertgoers can also register by calling 344-7025 or



Sanibel Music Festival 2021 Music Committee, from left, Jana Stone, Michael Newhouse, Nina Orrell, David Conrad and Sue Pick photo provided

writing to Sanibel Music Festival, P.O. Box 1623, Sanibel, Florida 33957. Donation checks are welcome by mail or with a

contact-free donation in a collection box at the concert.

Due to COVID-19 conditions, the

festival committee had to postpone the annual seven-concert series featuring chamber music, piano recital and vocal ensemble. "I'm looking forward to enjoying the daytime concerts this year," said Nina Orrell, festival vice president.

"The 2022 season is planned to return to evening performances with an outstanding program including the multiple awardwinning Emerson String Quartet, honored with nine Grammys.

A five-member music committee led by board member Sue Pick reviews every composition considered for presentation. "Our goal is to carefully craft a balanced, yet diverse program," said Pick. "We are working with Dr. Kyle Szabo, orchestra director and head of string studies at the Bower School of Music, on an exciting program for March, including some beloved favorites.

'Sanibel Music Festival is a great partner." said Dr. Krzysztof Biernacki. director of the Bower School of Music & the Arts. "The school serves as the hub of campus cultural life while preparing students to excel as professionals in the arts and related fields.

Performing in the community is a rich musical opportunity for students and allows us to contribute to the impressive cultural texture of Southwest Florida," said Dr. Biernacki.☆



Cars And Coffee With Motor Club



No preregistration is required to show off your vehicle photo provided

The San Cap Motor Club's monthly Cars & Coffeee Cruise-in will take place this Saturday, March 6 from 9 to 11 a.m. at Periwinkle Place shopping center. Antiques, hot rods and new models will be on display.

There will be a complimentary continental breakfast with a special blend coffee as well as other refreshments. Masks are required and hand sanitizer will be available.

Join the club for \$50 and receive the 2021 T-shirt. There is no better excuse to get that classic car, truck or bike out of the garage and show it off. No pre-registration is necessary.

Cruise-ins are held on the first Saturday of the month through May. There is plenty of parking in the rear of the shopping center.

For more information, call Scot Congress at 472-4177 or email scot@scongress.com.

Temporary Signs To Go By Monday

by Wendy McMullen

The proliferation of temporary signs allowed to alert residents that businesses were open for business during the pandemic are to disappear by Monday city lawmakers ordained at Tuesday's council meeting.

"We intended those signs to let people know they were open but now everybody's open, so let's get rid of these signs," said Interim Councilmember Jerry Muench.

Interim Councilmember Chauncey Goss agreed. "The reason for signs was to differentiate between those that are open and those that are not, but now everyone is."

"It was a different time when we allowed those signs," said Councilman Richard Johnson, adding that this was a sign that we were on our way back to some normality. He added, however, that it was important that the city not let up on other measures like mask wearing.

"It's incumbent on us as business owners to make sure we're taking care of our employees and our customers," Johnson said. "I will continue that drive."

Johnson owns and manages Bailey's General Store on Periwinkle Way.

Still permitted will be sidewalk sales for holidays. Sidewalk sales were permitted at the beginning of the pandemic when people were hesitant to go into shops. White twinkling lights for outdoor dining are also still permitted for safety purposes. Trees wrapped with lights, which do not have the purpose of lighting for diners, are not permitted.

"I'm beginning to see the signs and other objects outside the stores as distractions," said Director of Natural Resources Holly Milbrandt, indicating that it may be time to ban anything that is not within Sanibel's code.

Council decided that all temporary signs and other objects designed to attract people into stores must be removed by Monday, March 8 at 8 a.m.

The Story Of Ospreys Topic For Speaker Series

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Virtual Speaker Series presented by LCEC continues on Tuesday, March 9 with The Story of Ospreys by Claudia Burns, volunteer for The International Osprey Foundation.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Virtual Speaker Series programs begin at 4 p.m. and are approximately one hour in length. The talks will be presented using Zoom and are limited to 100 participants, so advance registration is required. Admission per device is \$10 plus applicable taxes and fees. To register, visit www.crowclinic.org or CROW's Facebook page under the Events tab.

CROW's 2021 Virtual Speaker Series features weekly programs, offered January through April. For a full schedule of presentations and topics in the series, visit www.crowclinic.org.

Top 10 Books

- 1. A Perilous Proposal by Jennifer Schiff
- 2. The Paris Library by Janet Skeslien Charles
 - 3. The Survivors by Jane Harper
- 4. Anxious People by Fredrik Backman 5. Bridgerton: the Duke and I by Julia Quinn
- 6. The Four Winds by Kristin Hannah
- 7. Think Again by Adam Grant
- 8. Weather by Jenny Offill
- 9. 28 Summers by Elin Hilderbrand
- 10. The Sanatorium by Sarah Pearse Courtesy MacIntosh Books and Paper.



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Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS Complete Shabbat Worship Service including Torah reading Zoomed from Fellowship Hall at SCUUC every Friday night at 7.30 p.m. Shabbat morning discussion led by Rabbi Fuchs at 9.30 a.m. (email batyamsanibel@gmail.com to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, www.batyam.org, 2050 Periwinkle Way, 732-780-2016. HISTORIC CAPTIVA

CHAPEL BY THE SEA

Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 8, 2020 through April 25, 2021. Services posted on Chapel's Website for viewing. Weekly Bible Study on Tuesdays at 10 a.m. Masks are mandatory and social distancing will be in effect. www.captivachapel.com, www.facebook.com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate

FIRST CHURCH OF CHRIST, SCIENTIST Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m. Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only" service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at www.sanibelchurch.com, 1740

Periwinkle Way, 472-2684. SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Bill Van Oss, Rector. View Sunday service online, through Facebook or YouTube. Most services and meetings have transitioned to online formats. Visit website for information on Bible studies and other offerings. Drive Up Communion every Sunday, 9:15 to 10:15 a.m., www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

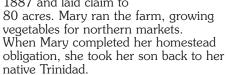
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews. com or call 395-1213.☼

Sanibel Historical Museum And Village

Looking Back: Mary Dos Santos

ary Dos Santos, with her ■ husband Oliver Bowen, was among the first to farm the Sanibel area. They arrived in 1887 and laid claim to



The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge



Sanibel Historical Museum and Village

for members and children. Masks are required and safety precautions are in place. For more information, visit www. sanibelmuseum.org or call 472-4648.

From page 1

Council Members

of Committee of the Islands (COTI) and is an active member of the Sanibel Bicycle Club and Together – A Way Forward, an interfaith group focusing on environmental stewardship.

Henshaw was second in line with 1,639 votes which represented 23 percent of the votes cast. Henshaw is an environmental health and safety professional and former assistant secretary of labor for Occupational Safety and Health (OSHA), working with the federal, state and private sectors to create safer working conditions for millions of workers throughout the U.S.

He is currently president of John Henshaw and Associates, a consulting firm specializing in environmental health, industrial hygiene and occupational safety. He serves on the advisory boards of University of South Florida, University of Iowa and University of Central Missouri, and holds an appointment as an affiliate associated professor at University of South Florida, College of Public Health.

Henshaw said that he was "extremely honored" to have the vote of Sanibel residents to serve on the city council.

"As a staunch supporter of the Sanibel Plan and the principles behind it, I look

forward to working with the other council members and all Sanibel residents in addressing the issues that threaten our barrier island sanctuary," he said.

Number three vote getter was Dr. Scott Crater with 1,557 votes and 22 percent of the votes cast. Dr. Crater is partner/ owner of Associates in Dermatology in the Fort Myers and surrounding area. He and his wife Dana and three young children moved to Sanibel 12 years ago. Dr. Crater graduated from Princeton University and the University of Virginia School of Medicine and practiced in Charleston before moving to Sanibel. He enjoys bicycling, walking, boating, active vacations and antique cars. He is also a member of Sanibel Congregational United Church of

"I'm excited and honored to have the opportunity to serve the people of Sanibel in this important role," Dr. Crater said. "I look forward to working with Richard, Holly, John and Mike. I think we will have a very strong council that will continue the excellent work of the prior council. There is still plenty of work to do on the environment and COVID-19 policy.

The new members will take their seats at the next city council meeting on March 16 when they will take their oath of office, and the new mayor and vice mayor will be selected by the council at large.☆



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OBITUARY



DAVE JENSEN

orn June 28, 1955, David Martin Jensen, the first child of Richard "Red" and Betty Jensen, started the first chapter of his life in Walled Lake, Michigan where his earliest years were spent monkeying around with his siblings and cousins. As a young boy, Dave would ride his bike to a nearby freeway overpass, spending hours watching trucks pass and wondering

about the far-off lands their loads were headed to, ingraining in him a love of travel. Experience on his grandparents' truck farm also gave him a passion for hard work and gardening.

Dave began his next chapter when he left Michigan, and his role as general manager of Weedon Construction, to join the family businesses, Jensen's on the Gulf and Jensen's Twin Palm Resort and Marina, on Captiva Island, Florida. For 42 years, Dave dipped bait-shrimp, unlocked doors in the middle of the night for stranded guests who'd lost their keys, and without hesitation, on and off resort property, waded boot-deep into every uncomfortable situation... all with the same smile and hearty laughter he and his brothers John and Jimmy shared when greeting guests and friends. Laughter flowed freely from the "Jensen boys" who relished their close relationships with each other and never took for granted how lucky they were to spend time together at work.

Within the Captiva-Sanibel communities, Dave was known for his laugh, as well as for his volunteer efforts serving on the boards of the Sanibel & Captiva Islands Chamber of Commerce, Captiva Community Panel, and Captiva Erosion Prevention District, of which he served for 25 years. Given his love of Captiva Island, it's no surprise he was a founding director of the Captiva Island Historical Society. Those efforts aside, others might say Dave's greatest volunteer accomplishment was that of

being a founding member of Captiva's Marching Mullet Band Parade.

In October 2019, Dave embarked on what would be the final chapter as he, along with wife Queenie and their 15-year-old cat "Woody," moved to Ruviano, Italy where the year prior he had been inducted as a fratello of the Associazione Cornuti Ruvianesi. As one would expect, Dave's smile and laugh were contagious and he was embraced by the citizens of Ruviano as one of their own. There, Dave's final year was rich and full as he spent time making wine, befriending stray dogs, exploring the countryside, studying for his Italian driver's license, tending to his garden and beloved rescue hens, and dreaming up exciting plans for the future.

Dave died unexpectedly - and quickly - in the comfort of his home,

with his wife nearby.

Dave Jensen will be lovingly remembered by his wife Vanessa 'Queenie" Viglione, children Amber (Stephen) LaRosa, David (Brittney) Reignierd, siblings John (Gina) Jensen, Pat (Keith Bartholomew) Jensen, and Jimmy (Elizabeth) Jensen. He will also be forever remembered by grandchildren Sophia and Anthony LaRosa, niece Sarah Gerber, nephew Johnny Jensen, as well as extended family and dear friends around the globe.

In lieu of donations, the family asks you to commemorate Dave by laughing a lot and living in (as he was known to

Mobile Food Packing Event Goes Virtual

he 3rd annual Sanibel Feed My Starving Children MobilePack (FMSC) cannot happen this year due to COVID-19 concerns. Instead, there will be a virtual fundraiser for the entire month of March. In this tangible way, help can continue to be provided for the children around the world who are dealing with starvation and malnutrition.

FMSC is a Christian nonprofit hunger relief organization that packs nutritious meals that are shipped to more than 80 countries and are used by mission and community organizations, orphanages, schools, medical clinics and other NGOs to feed millions of starving children and adults. Ninety one percent of all monies donated goes to purchase food, and FMSC has a 99.8 percent success rate in shipping the containers of food to its distributors.

The goal for this year is to provide 160,000 meals, which requires \$40,000 to be raised. There is a matching gift promised for the first \$10,000 raised.

To donate online, visit www.give.fmsc. org/sanibel. By check, send to Feed My Starving Children, 401 93rd Avenue NW, Coon Rapids, MN 55433 (write Sanibel #2103-39NO on the memo line).

to East End

For more information, email dave. truelsen@gmail.com\\$



Please like us on Facebook, Instagram and Twitter

OBITUARY



SHEILAH KAY (COLLINS) MORLEY

heilah Kay (Collins) Morley, age 77, passed away on February 26, 2021. She was a resident of Sanibel, Florida for the past 24 years.

She was born March 30, 1943 in Washington DC, daughter of the late Ralph and Virginia Sanford Collins.

Sheilah considered Denver her childhood home, where she grew up, enjoying lots of skiing and trips to the mountains with her family. She attended William Woods College and University of Arizona where she majored in accounting and fun. Shortly after, she took a job with the IRS where she fell in love with and married her new instructor, John. Together they built a home in Cincinnati, Ohio. There, she cheered on the Reds, the Bengals, and delighted in her gourmet cooking club, her plants and yard, and

spending time with family and friends.

Sheilah enjoyed a long and happy retirement on Sanibel Island. She was the ultimate adventurer. If there was a trip, expedition, show, fair, event or fundraiser, she would be there. She was never one to miss the fun and most likely could be found coordinating a group to join her. In between adventures, she kept busy with volunteering at SCCF and the library at The Sanibel School. She also enjoyed golfing with the "Hustlers," water aerobics, a good book, playing Sudoku or a crossword puzzle, and appreciating everything the island had to offer. She loved showing off her island, especially the beach, shells, turtles, birds, sunsets and plants to visitors and family, particularly her grandkids. During the summers, Sheilah (and John) found respite from the humidity (and hurricanes) of Florida on Lake Cordy in Indiana. Sheilah especially enjoyed long boat rides, breakfast cruises, s'mores by the fire, euchre, and a glass of wine with family and friends.

Sheilah is survived by her husband, John; two daughters, Andrea (Alex) Burow of Fishers, Indiana and Tonya (David) Harper of Noblesville, Indiana; six grandchildren, Katelin, Jenna, Mya and Ray Burow, Stephen and Keira Harper; and sister, Sharon (Ron) Roundtree of Montrose, Colorado. She was predeceased by her parents and her twin sister, Susan.

A celebration of her life will be held at Sundial Beach Resort on Sanibel. In lieu of flowers, memorial contributions may be made to SCCF, 3333 Sanibel-Captiva Rd., Sanibel, FL 33957 or https://donorbox. org/donate-to-sccf.☆

Will We Survive?

submitted by Jean Chandler

ust as we have many more microbes in our bodies than human cells, humans are but one of the many species on our planet and one of the most endangered by climate change. As David



Jean Chandler

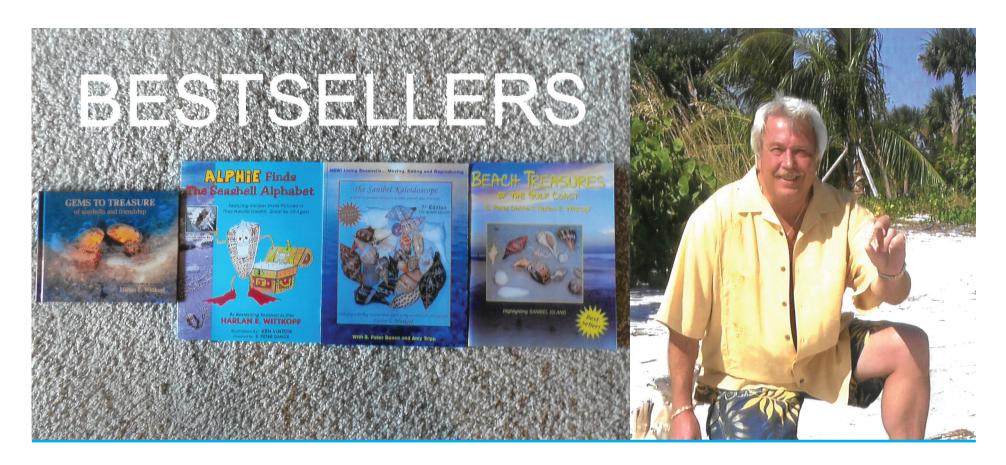
Attenborough points out in his new film, A Life on our Planet, humans no longer live in Chernobyl, but other species are thriving there. So when we talk about saving the planet, we are really asking about our own survival. The planet will go on without us, just as it did before we came along.

The question is whether we will wake up soon enough and develop the wisdom and will to do the things we already know must be done in order to ensure our own survival as a species: things like moving to renewable sources of energy, to regenerative agriculture, to a plant-based diet, to energy and water conservation, to maintaining clean water and air, to limiting our population to a sustainable level, and to educating ourselves about living sustainably. See Drawdown: The Most Comprehensive Plan Ever Proposed to Reduce Global

Warming, edited by Paul Hawken.

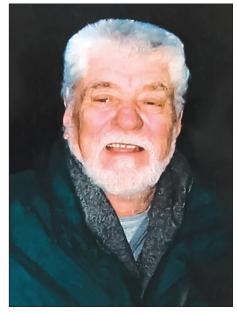
Just as a healthy microbiome requires a diversity and balance of life forms, so does the planet. We humans are the biggest threat to that diversity and balance. As Albert Einstein wrote in 1950, "A human being is part of the whole we call the universe... He experiences himself in the thoughts and feelings as something separated from the rest... a kind of optical illusion of his consciousness. This illusion is a prison for us, restricting us to our personal desires and to affection for only the few people nearest us. Our task must be to free ourselves from this prison by widening our circle of compassion, to embrace all living things..." (Personal letter quoted in *The New York Times*, March 29, 1972.)

Jean Chandler is the leader of Green Teams at Sanibel Congregational United Church of Christ and Bat Yam Temple of the Islands, and at Shell Point Retirement Community, but the views expressed in this article are her own. She is also a member of Together - A Way Forward, an interfaith organization comprised of religious congregations of Sanibel and Captiva also including First Church of Christ, Scientist; Saint Michael and All Angels Episcopal Church; Unitarian Universalists of the Islands; and Captiva Chapel by the Sea. The organization's purpose is to inspire people of faith and spirit to demonstrate leadership in responding to the global environmental crisis.☼



Harlan Wittkopf returns to Shell Festival as Guest of Honor.

OBITUARY



STANLEY "STEVE" GADOMSKI JR.

tanley "Steve" Gadomski Jr., a resident of Sanibel, Florida, passed away peacefully at the Pleasant Bay Rehab Center near his Orleans, Massachusetts home on February 22, 2021. He was born on September 12, 1935 in College Point, New York to Stanley Martin Gadomski and Adele Florence Webber. Stanley was predeceased by his wife of 40 years, Sandra Harlan Gadomski, and is survived by his sons Stephen Martin Gadomski (Noreen) and David Scott Gadomski (Lisa) and daughter Karen Ann Gadomski; grandchildren Samantha, Katherine, Kelly, Elizabeth, Mackenzie, Emily, Lindsie, Tyler and Mason; great-grandchildren Evie and Ryder; step-children William Howard Cummins (Anne) and Robert Ercell Cummins (Eileen); and stepgrandchildren Jamie, Brian, Lily and

Stanley was a 21-year veteran of the U.S. military. He joined the Army at age 17 and served one tour in Korea and two in Vietnam. He was awarded the Bronze Star Medal for meritorious achievement in ground operations against hostile forces as well as numerous other medals and awards, including an Army commendation medal for meritorious achievement as an instructor in the U.S. Army's Air Defense School shortly before retiring as a sergeant first class in January, 1974. Stanley spent quite a bit of time in Europe and Iceland serving in the Army during peace time, as well as on the Army ski patrol in the Alps.

Stanley had three children with his first wife, Barbara, before divorcing in 1978. He married his second wife, Sandra, in 1980. Stanley and Sandra lived in Harvard, Massachusetts for more than 10 years before building a home in Orleans on Cape Cod and ultimately retiring in Sanibel, Florida. For many years, they spent summers on the Cape and returned to their home in Sanibel each fall to winter in Florida. Sandra passed away in August of 2020.

He worked primarily as an auto

mechanic after retiring from the military, and owned and operated Stan's Garage, a service station and auto repair shop in Ayer, Massachusetts for many years. Stanley also started and later sold Sunshine Linen, which he operated from his home in Orleans, providing linen rentals for summer vacationers primarily through local realtors.

Stanley and Sandra enjoyed traveling, especially when it involved exploring natural habitats and observing wildlife. Highlights of their travels included an African safari, visiting Machu Picchu and taking a riverboat Amazon cruise in Peru, touring northern Italy, camping in the Canadian Maritimes and Rockies, and many trips to Yellowstone, Yosemite and numerous other national parks throughout the U.S.

U.S.

They had their own "wildlife sanctuaries" just outside their kitchen windows at both their Florida and Cape Cod homes, with the canal in their backyard on Sanibel and regular visitors such as alligators, bald eagles and waterfowl, and a meadow and a distant view of Nauset Harbor in Orleans with frequent visits by deer, fox, coyote and the multitude of birds that visited their many feeders. They greatly enjoyed local parks and hiking trails at both their homes including the unparalleled JN "Ding" Darling National Wildlife Refuge on Sanibel Island, a premier birding destination in the United States, which they frequented often.

Stanley volunteered with the Hammerheads, a local charity on Sanibel, building a variety of structures and additions for local charities. He had previously honed his carpentry skills working for a home builder for several years in Harvard and built a wonderful addition at their Orleans home.

Stanley helped Sandra maintain her wonderful flower and herb gardens that surrounded their homes and loved growing his tomatoes and strawberries. They also maintained a 20 by 20 vegetable garden plot for nearly 20 years at the Sea Call Farm community garden in Orleans. Stanley and Sandra were especially interested in preserving natural habitats for future generations so his two stepsons and brother-inlaw, Hal Harlan, founded a wildlife preservation fund as a legacy for them.

Among other things, Stanley greatly enjoyed fishing, boating, cooking, playing cards and other games, and reading and watching westerns.

"Steve" had a gentle soul and will be greatly missed by his friends, family and all who knew him.

Due to the COVID pandemic, memorial service details will be made at a later date. In lieu of flowers, contributions can be made to a memorial fund created as a legacy for Stanley and Sandra. Checks should be made out to The Stanley and Sandra Harlan Gadomski Wildlife Preservation Fund and sent to The Cape Cod Foundation, 261 Whites Path, Unit 2, South Yarmouth, MA 02664. Online donations can be made at "https://tinyurl.com/5ah4xeu2".



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Council Members Laud Mayor For His Service

by Wendy McMullen

ayor Mick Denham was praised to the sky in a sometimes **L**emotional celebration of his 16 years as a member of the Sanibel City Council at his final meeting on Tuesday.

Vice Mayor Holly Smith said that Denham had never wavered from the promise he made voters to always put them and their interests first when he was elected.

'Mick has never wavered from that promise. He exemplifies what being a Sanibellian is," said Smith. "I've watched Mayor Denham with the greatest respect and admiration.

"I could not be more proud that I am a part of your team," Smith said.

Councilman Richard Johnson commended Denham's commitment to the community and his selflessness,



From left, Councilman Richard Johnson, Vice Mayor Holly Smith, Sue Denham, Mayor Mick Denham, Interim Councilmember Jerry Muench and Interim Councilmember Chauncey photo by Wendy McMullen

humility, hard work and dedication.

"I don't think the public appreciates the effort, time and energy that it took to be up here," Johnson said.

"Mick is the hardest working public servant I've ever seen and I've seen a

lot. He takes it incredibly seriously," said Interim Councilmember Chauncev Goss. He added that Denham was committed to improving the water quality on the islands "way before it was cool.

Interim Councilmember Jerry Muench chose to salute Denham's wife. Sue. "Citizens have to understand the stress on the family," Muench said, recounting that after his second term on city council, someone suggested to him running again, to which he replied that he would ask his wife June her opinion. Her rejoinder: "With what other wife?"

Denham was modest about his accomplishments in office, saying that he had been very fortunate to have great teams to work with during the

"This is a team effort and our collective strength has been important to the success that we've had over the last 16 years," he said, pointing to the two interim councilmembers, Goss and Muench, who were selected by the council to fill in the temporary positions prior to Tuesday's election. 芬

Mayor Laments Failure To Get Vaccinations

by Wendy McMullen

Te must keep trying to secure something for the unfortunate people who can't leave home to get a vaccine, Sanibel Mayor Mick Denham told the Sanibel City Council at his last meeting on March 1.

'There's good news out there in that more people are getting the opportunity to be vaccinated," he said. "But we have been unsuccessful in getting Sanibel citizens vaccinated on Sanibel and we must keep trying.

"We're ready to do it. Our medics could administer it," said Jerry Muench, interim city councilman and chairman of the Sanibel Fire Commission, adding that they had medical professionals ready to help.

Muench told the council that the

Sanibel Fire Commission is reaching out to to the Florida Department of Health, which he described as "half a step forward." He added that Friends in Service Here (FISH) had sent a nice letter to the governor outlining the need for an on island vaccine facility.

"We must be ready to deliver it if it comes," said Denham, stressing that have all the facilities and the personnel must be ready to give the vaccines to residents.

Vice Mayor Holly Smith suggested that the Sanibel Fire District join up with 17 other fire districts in the area to request vaccines that each could administer.

Former city councilman and council observer Peter Pappas suggested that the failure to administer the vaccine to the elderly was a failure on the part of the state government to care about the elderly population.

"The over 80s are the most vulnerable and also the most innocent, who can't pass the virus on. How the decision to provide the vaccine to such a wide range of people can be anything but callous indifference to the fate of the elderly I cannot imagine.

"From what religious pulpit have you heard the cry to protect the vulnerable and the innocent. You haven't!" Pappas exclaimed. "I have looked at other countries. I know of no other country that started delivering vaccines to those under

Council determined to keep on going with its efforts to get vaccines delivered on island, particularly to the homebound population who cannot travel.

City Thanks Intérim Council

by Wendy McMullen

Interim Sanibel City Councilmembers Chauncey Goss and Jerry Muench were thanked for serving on city council to fill the two seats left vacant from November until the March 2 election.

'You stepped up to serve your community yet again," said Councilman Richard Johnson. "I have wanted to learn from you and I never thought that I would have that opportunity. Well done,

sirs!"
"You not only stepped up to serve your community, you embraced it," added Vice Mayor Holly Smith.

Both Muench and Goss have been on the island for many decades. Goss' father, Porter Goss, was instrumental in the incorporation of Sanibel and was the new city's first mayor. The Muench family are the owners of Periwinkle Park and have been actively involved in the community for generations.

Muench said that it was his pleasure to serve the people and gave the nod to the city staff who he described as the most dedicated staff that he'd ever seen.

"I'm not just asking about the city manager, but the police department, the police aides, public works, they're all dedicated," Muench said.

Goss commented on the dynamic of the city council and how well the system works in making sure everyone on the island is listened to, and thanked the city council for the opportunity to serve once again. He was elected to city council in 2015 and served one term.

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Publisher Lorin Arundel

Accounting Mike Terry

Advertising **Bob Petcher**

Graphic Arts & Production

Ann Ziehl, Manager Amanda Hartman Willow Peterson

Reporters

Kathy Kurtz Ferrari Wendy McMullen

Contributing Writers

Read Online: www.IslandSunNews.com

Constance Clancy, EdD Suzy Cohen Linda Coin Cindy Carter Clay C. Ewell Marcia Feeney Katie Frederic Shelley Greggs Jarred Harris Marion Hauser, MS, RD Ross Hauser, MD Bryan Hayes Craig R. Hersch

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Dr. Jose H. Leal, PhD Kealy McNeal Capt. Matt Mitchell . Trinette Nelson Howard Prager Gerri Reaves PhD Angela Larson Roehl Julie Rosenberg, MD J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Jeanie Tinch Allison Havill Todd











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OBITUARY



IRVING ANTOINE GAVIN Sunrise - January 6, 1967 Sunset - February 2, 2021

rving Antoine Gavin was born January 6, 1967 in Wiesbaden ■Hessen, Germany to Eugene E. Gavin and Doris Smith Gavin. He was affectionately called "Uncle Everything" because of his immersion in his niece's and nephew's lives from Girl Scout cookie sales, little league baseball sponsorships, golf tournaments, fundraising and providing college book scholarships.

He received his early education in the Denver Public School System. He would later attend Cypress Lake Middle School in Fort Myers, Florida. Irving graduated from Aurora Central High School in Aurora, Colorado. True to Gavin form, Irving was a multiple sport athlete, playing football, baseball and basketball, and he would earn a basketball scholarship and play for Lamar Community College. Irving held an associate degree in accounting and a Florida real estate license.

Irving was a descendent of the pioneer Gavin and Walker families of Sanibel and Captiva. His paternal greatgrandparents were Isaiah and Hannah Gavin and maternal great-grandparents were Harry and Pearl Alice Walker; grandparents Edmond, Sr. and Elnora

Irving was a fourth-generation fisherman and entrepreneur. He owned and operated Gavin Green Side Up Landscaping Co. and co-owned and served as general manager of Rosie's Café and Grill. Irving would take his niece and nephew fishing when they vacationed on the island. They also helped in the restaurant because they enjoyed his company, conversations, adventures, fun-loving smile and life

The Sanibel community will miss Irving's warming, charismatic smile, his contagious spirited energy that he brought to people each day whether cooking, landscaping or just hanging out. He sponsored morning think tanks for the seasonal Sanibel citizens. They would come and he would provide coffee and conversation. The admiration, respect and support of his businesses from the Sanibel and Captiva communities has served as an invaluable asset to Irving and the Gavin and Walker families. He loved the island and the people.

Irving's smile and contagious laugh will be cherished by his family, who loved him and appreciated all the love he was always willing to share with them; his father and stepmother, Eugene and Velma Gavin; sister Dewona Gavin Bridges, aka Tonia, of Atlanta, Georgia; her children, Thomas and Kayla Bridges; stepbrother George (Sherly) Ervin, III of Fort Myers, Florida; nieces and nephews Thai-lynn Green, Trystan, Na-iham and Omarion Ervin of Fort Myers; uncles and aunts, Samantha Cox of Ohio, Eric and Kaici Gavin, Elvera Robertson, Charlotta and John Ashworth, Lynn and Windy Gavin, Oscar and Myra Jean Gavin, Larry and Edith Gavin, Charles and Vicki Gavin, Ronald and Elizabeth Gavin, Isabelle and Jerry Davis, Donna Gavin Battle, Kelvin Gavin, Jay Johnson and Saundra Gavin; numerous cousins and a host of other relatives and friends.

Irving was preceded in death by his mother, Doris Smith Gavin; grandparents Mrs. LE Rivers, Edmond Gavin Sr. and Elnora Walker Gavin; uncles, Edmond Jr., Stanley and Isaiah Gavin, M. Sgt. Linwood Cox; aunts Pearl Woods and Idella Johnson.

There will be a Zoom memorial service at a later date.蓉



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Oceanblue Morning-Glory

by Gerri Reaves

ceanblue morning-glory (*Ipomoea* indica) is one of about 25 native and nonnative morning-glory vines in the state.

This native vine is commonly found in hammocks and thickets, along roadsides, and in vacant lots, fields and disturbed areas.

The twining stems of 15 feet or longer climb and scamper, even over other plants.

Because it can be weedy or invasive, it is listed in a couple of states as a noxious weed.

But that's a desirable trait if you want it to cover a fence or trellis or form a dense groundcover.

One curiosity is that leaf shape sometimes varies on the same plant, a characteristic it shares with species such as corkystem passionflower (*Passiflora suberosa*).

The alternate leaves can be heartshaped (typical of many morning-glory species) or tri-lobed. Both stems and leaves have fine hairs.

The showy funnel-shaped flowers are blue to purplish or pink with a white throat. Pinkish stripes, or nectar guides, radiate from the tubular center in a star-like pattern.

Each flower measures two to three



Oceanblue morning-glory is a native butterfly-attracting twining vine

photo by Gerri Reaves

inches across and has five sepals, five stamens and one style. The anthers, or fertile pollen-bearing parts of the stamen, are located at different levels, possibly allowing for a wider variety of pollinators.

Flowers bloom all year and last only a day. As the common name suggest, they are at their best in the morning, fading towards day's end.

Butterfly gardeners appreciate it as a nectar plant for the Brazilian, mangrove and monk skippers, as well as other butterflies.

This vine will grow in nutrient-poor

soil but needs some organic content to

Give it full sun to light shade. It is moderately drought tolerant.

It has low saltwater tolerance but high salt wind tolerant.

The fruit is a round capsule that ripens from green to brown.

Sources: Everglades Wildflowers by Roger L. Hammer, The Guide to Florida Wildflowers by Walter Kingsley Taylor, Wildflowers of Florida Field Guide by Jaret C. Daniels, and www. regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.☼

Lecture And Photo Exhibition On The Gray Owl

ward-winning author and wildlife photographer Paul Bannick will present a program featuring imagery from his books about owls at a lecture titled Gray Owl: A Visual Natural History on Friday, March 12 at 10 a.m. at The Community House.

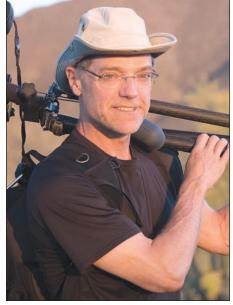
Based on thousands of hours in the field photographing, one of Bannick's newest books, *Great Gray Owl: A Visual Natural History*, published in October 2020, is the latest example of the author's love and respect for owls.

It showcases one of the largest owl species, also known as the Phantom of the North, Great Gray Ghost and Bearded Owl. It lives in the western mountains and boreal regions of North America.

Bannick also published Snowy Owl: A Visual Natural History last October. Other works include The Owl and the Woodpecker: Encounters with North America's Most Iconic Birds and Owl: A Year in the Lives of North American Owls.

"For anyone who appreciates wild things and wild places, each of Paul Bannick's stunning photographs is worth ten thousand words," wrote Ted Williams, an editor at *Audubon* magazine.

Bannick's work has been featured prominently in bird guides from Audubon, Peterson, The Smithsonian, Stokes, The National Wildlife Federation, and Birds of the World; and has appeared in a variety of publications from *The New York Times*



Paul Bannick

photo provided

and Birds and Blooms to American Way and The Seattle Times.

Bannick has appeared on NBC Nightly News, Evening Magazine, and dozens of NPR stations and programs, including Travels with Rick Steves and BirdNote. He will be signing copies of his books following the lecture, all of which will be available to purchase that day or in advance at DDWS Nature Store outlets or online at www.ShopDingDarling.com. Profits from sales benefit conservation efforts at the refuge.

Bill and Laurie Harkey sponsor Bannick's lecture.

Socially distanced seating for the free lectures is limited and available on a first-come basis.**

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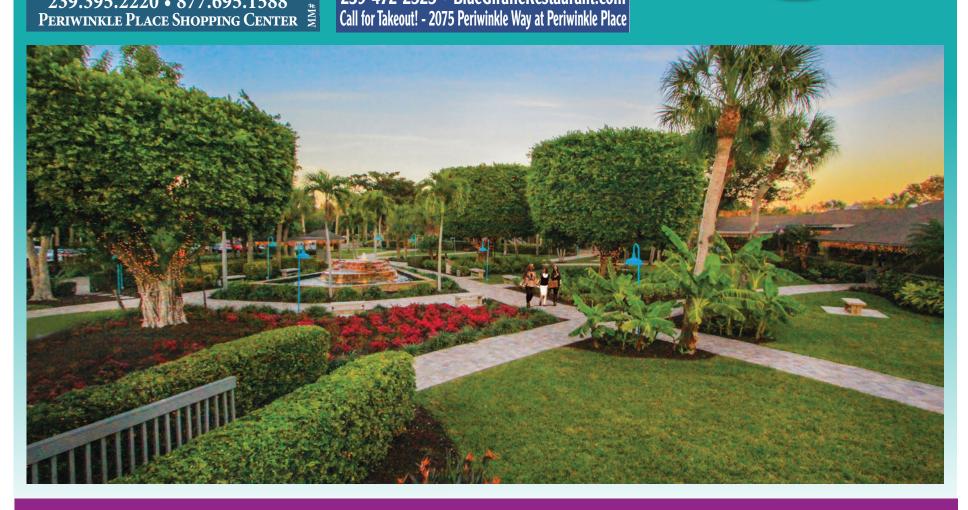


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Got To Love An Early Spring



by Capt. Matt Mitchell

As we move into March, it sure feels like winter has been over for a while. Although we had a few cold fronts, most of last month was spent catching snook and redfish on shiners. The first confirmed tarpon catches have already happened, and this is really early in the year. As water temperatures continue to climb, tarpon will become more and more common. Fingers crossed that we don't get a strong cold front that will put this fishery on hold.

Our snook fishing has never really slowed down this whole winter. During cooler periods, I have been targeting them

in deeper channels with fast-moving currents. Now that things have warmed up, the oyster bars throughout the sound have become a great choice during higher tide periods. Though most of the snook are from 18 to 24 inches, we are also getting chances at some much larger models. Our big fish this week measured a respectable 36 inches and was caught on a St. James City dock.

Out along the beaches, the waters have come to life with both fry bait and Spanish mackerel as water temperatures are now in the mid 70s. Look for diving birds and mackerel hitting bait fish on the surface to get in on this fast-paced action. Though I don't find these fish very palatable, they are a blast to catch and readily take artificial baits and flies. They can be caught both casting and trolling. For anglers just looking to bend a rod, there may not be an easier species to target

Over the past few weeks, our shiners have moved from the bridges and spoil islands of the causeway and onto the flats. Basically, the whole bar that runs from Chino Island north parallel with Pine Island is a good place to find our bait of choice. Look for diving pelicans to point the way.

Shiners like grass in the two to four foot range, while areas with large sand holes tend to hold only pinfish. During most mornings, we chum these bait fish with a mix of salt water aquarium food and menhaden oil. Get a chum slick going, and they will come to you or at least in range of a cast net. These magical little bait fish are key to most of our fishing and are the main food source of most game fish. As a guide, having these baits is a must for a successful trip.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\(\forall \)



Bob Lauer from Lexington Country Club with a 36-inch snook caught and released with Capt. Matt Mitchell this week photo provided



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CROW Case Of The Week:

North American River Otter



by Bob Petcher

he North American river otter (Lontra Canadensis) is a carnivorous mammal that feeds on fish and amphibians, but has been known to dine on small mammals

Versatile on both water and land. these cute-looking otters, with thick, water-repellent coats of fur, are fierce and have been known to attack humans if they get too close. Keep your distance!

At CROW, a juvenile male river otter was admitted after being found alone on the road. Upon initial examination, he was an apparently healthy orphan and was placed on a feeding schedule.

The male otter started eating immediately on his own after being admitted. He is on a specialized formula with required nutrients for otter pups in combination with soaked chow and a variety of fish pieces," said CROW Rehabilitation Manager Breanna Frankel.

Two days later, a juvenile female river otter was transferred in from Peace River Wildlife Center after it was found



Patients #21-458 and #21-488 are getting acquainted after the latter was transferred from a nearby wildlife facility

photo by Haillie Mesics

alone. Upon presentation, she had fleas, diarrhea and fluid in her lungs. She was transferred into supportive care and placed in an incubator until her condition improved.

"Due to the female's history, she came in with a high risk for pneumonia and other infection. She stayed in an oxygen cage for a few days prior to weaning off oxygen and moving into a cage. Her breathing improved after being in an oxygen cage, and slowly her mentation began to brighten," said

Frankel. "She did not have any initial physical injuries, but she still has a very guarded prognosis due to the extreme nature of her respiratory issues and high risk for infection.

"We are in constant collaboration with nearby wildlife facilities, and Peace River had reached out to us letting us know they received a young otter pup which we realized could potentially pair with our male to create a small group here at CROW.

Communication between wildlife facilities is important for the overall health of patients. CROW officials have found it to be a positive experience to have such great partnerships with other facilities.

"We regularly work with Peace River Wildlife Center to transfer animals in or out in various situations to provide the best possible care. It depends on the time of year and what each facility needs – there are many factors that determine how often that is. We have worked with them a couple times so far in 2021." said Frankel. "We are so incredibly lucky to work in an area with so many wildlife centers within just a few hours' drive. Certain species need to be raised in a group setting – otters are a good example of that. Raising a single otter has a high chance of leading to habituation which can be very dangerous for both humans and that specific animal, if released. By working with other centers, we can combine singlets of specific species to increase their chance of success after release."

The partnership works both ways. "Another example is that we recently transferred a great horned owlet to a fellow wildlife rehabilitation facility, Creature Safe Place Inc., because they had several others of the same size and species," said Frankel. "This gives them the best chance to be raised together like they would in the wild, learn to hunt together and prevent any potential

The two "sibling" otters are now being housed together to benefit them in their development, since otters are incredibly social animals and rely on learning appropriate otter behaviors from each other. Their stay may be lengthened.

habituation.'

'Otters, in general, stay with their mom for an extended time, even up to a year. We have to mimic a similar effort in a rehabilitation setting to ensure they are competent hunters when released. Oftentimes, this means staying in rehab for seven to nine months in combination with a soft release," said Frankel.
"Depending on the situation, older otter pups may be transferred to a different wildlife center for soft release or to be combined with a bigger group.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150. Sanibel. FL 33957. Call 472-3644 or visit www.crowclinic.org.☆

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From left, Laurie Verme, Luanne Fuller, Shane Lawrence and Alice Verme

photos provided

Locals Support Efforts To İmprove Water Quality

he 2nd annual Captains For Clean Water fundraiser raffle, now under way at Sanibel's Best Homemade Ice Cream, reflects the island's passion for water quality. "Island businesses large and small understand the critical importance of water management," said John Lai, Sanibel & Captiva Islands Chamber of Commerce president and CEO. "That explains the amazingly generous gift certificates donated to fundraiser raffle baskets despite tremendous challenges last year across the business community.

"We've learned through hard experience that keeping our water message front of mind with leaders in Tallahassee, regionally and locally, is key to making progress," said Lai. "But it's the faces of happy visitors and residents enjoying Sanibel and Captiva that motivate us.

The socially distanced raffle will continue until Friday, March 12 at 3:30 p.m. when this year's winners will be drawn following a small press conference with local dignitaries. A check will be presented to Captains For Clean Water the following week reflecting proceeds since the first fundraiser in January 2020. All proceeds go toward education on the issues facing Florida's estuaries and Everglades.

Five raffle baskets center on: Sundial Beach Resort & Spa four-day/threenight stay; Casa Ybel Resort three-day/ two-night stay; half-day fishing charter with Whitney's Bait & Tackle; Sanibel Beach Getaway mega-basket including the full complement of beach essentials from EmOceans; and Jewelry Spectacular basket showcasing gift cards from Lily and Co. Jewelers, and diamond earrings from J&L Estate Jewelry, donated by the Verme family.

Every basket also includes enticing gift certificates and fun merchandise from local restaurants and shops," said Laurie Verme, water advocate and owner of Sanibel's Best Homemade Ice Cream. "Gift certificates for families,



John Lai with a supporter at the 2020 event

couples and everything in between are on offer this year. It's a bonanza for raffle participants."

Among the restaurant gift certificates and donations included in the baskets are: \$250 from Island Pizza, \$175 from Joey's Custard, \$150 from Cielo, \$100 from Blue Giraffe, \$75 from Suncatchers' Dream, two \$30 certificates from Sanibel Café, and two \$25 certificates from Lazy Flamingo.

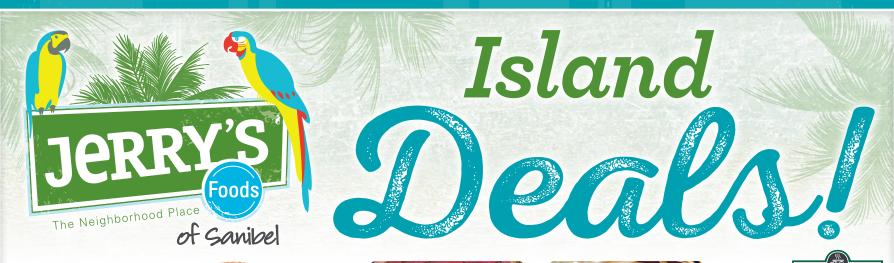
Local island artist LuAnne Fuller will be present on March 12, selling her painted shells, with all proceeds directed to Captains For Clean Water.

Raffle tickets can be purchased at Sanibel's Best Homemade Ice Cream, located at 362 Periwinkle Way, on the east end of Sanibel, or ordered by mail with an accompanying check made out to Captains For Clean Water, with notation of the basket your tickets should be applied to.

Tickets are \$3 each, six for \$10, 15 for \$20 or 50 for \$50.

The signature Captains For Clean Water Dolphin Tracks ice cream will continue to be available throughout 2021. "Every scoop of Dolphin Tracks sold raises funds to support water education and outreach," said Captains For Clean Water co-founder Chris Wittman, inventor of Dolphin Tracks. "We are pleased to continue this effort into the second year in partnership with Sanibel's Best Homemade Ice Cream.

For more information, visit www.captainsforcleanwater.org and https://www. facebook.com/SanibelsBest and https://





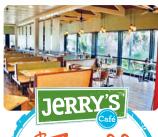
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The Two-Tooth Barrel Bubble



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

continuity to our discussion of the local barrel bubbles, today I want to

introduce the Two-tooth Barrel Bubble, *Cylichnella bidentata* (d'Orbigny, 1841). This small snail reaches 4 mm (0.16 inch), has a characteristic sunken spire, and the columella (viewed on the left side of the aperture, or opening) with two folds that at a glance look like two "teeth." The aperture is flared in anterior direction (on bottom of the picture.) Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a donation, visit www.shellmuseum.org.



Two-tooth Barrel Bubble, Cylichnella bidentata, from Sanibel

photo by Patricia A. Starkey

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.☆

Email your editorial copy to: press@islandsunnews.com

From page 1

Shell Festival

Art League will be for sale with 100 percent of the proceeds going to The Community House. In addition, the Bailey-Matthews Shell Museum will provide an offering of goods from its museum gift shop.

And this year, a new feature is on

tap for visitors: homemade pies and cakes.

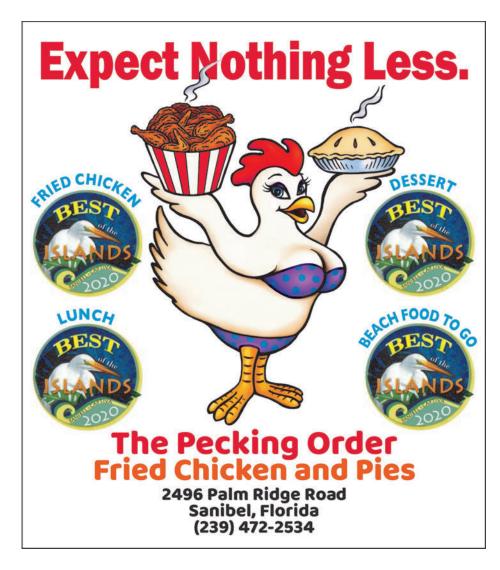
When the shell festival came into being in the late '30s and '40s as the Sanibel Shell Fair, visitors looked forward to the pies and cakes that were prepared by local residents and served at the community gathering.

In the week leading up to this year's Shell Festival, many islanders were busy baking, including Community House Resident Chef Jared Harris, who is serving some of his favorite pies and cakes for visitors. The list includes banana crème pie, pecan pie, buttermilk pie, carrot and ginger cake with caramelized ginger frosting, flourless chocolate cake, and chocolate and salted caramel tart. You can buy just a piece or take home a whole pie.

The festival is open for visitors Thursday to Saturday, March 4 to 6. Hours are 9 a.m. to 3 p.m. on Thursday and Friday, and 9 a.m. to 2 p.m. on Saturday. There is a \$5 requested donation to enter and visitors receive a coupon for a buy one, get a 50 percent discount on entrance to the Bailey-Matthews Shell Museum. Parking is free, and food and beverages will be available (to go only).

available (to go only).

Those wishing to attend are asked to call The Community House in advance at 472-2155. Anyone needing handicap access is asked to call ahead for information. The Community House is located at 2173 Periwinkle Way on Sanihel







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Student Raising Awareness About Global Problem



by Allison Havill Todd

Thile the coronavirus pandemic has taken the forefront of international attention during the past year, there is another worldwide problem that

has captured the attention of a young Sanibel Island resident: human trafficking, particularly childhood trafficking. A junior at Canterbury School in Fort Myers, Liam Horvath first learned about this concern during an internship with United Planet, a nonprofit organization whose programming addresses worldwide issues that challenge developing countries, and he discovered there is a very real problem in our own backyard.

Liam is engaged in Ten Countries in Ten Weeks, a virtual program sponsored by United Planet which has paired with We Serve, a nonprofit that focuses on raising awareness and prevention of childhood trafficking. During the portion of the course that "visited" India, he learned of the horrors that take part in the poorest parts of that country where



Liam Horvath wearing a couple of the photos provided

children are bought or kidnapped Predators approach the parents of young children in these impoverished areas under false pretenses promising a better life for their children and buying them for as little as \$6. These childhood victims are then smuggled into the United States and other countries, and sold for sums in excess of \$50,000 to fill a demand for organ transplants, sexual abuse, pornography, domestic servitude and menial labor.

The International Labour Organization estimates over 40 million humans



Sanibel Scout Troop 1740 making bracelets

have fallen prey to human trafficking. Estimates for the United States are unclear, but there were approximately 78,000 victims reported to the U.S. State Department in 2016 alone. Most cases are unknown or unreported, and only 0.2 percent of those get rescued. Florida ranks third in the U.S. in terms of destinations for trafficked persons.

Liam, who is the senior patrol leader

for Scout Troop 1740 on Sanibel, was so disturbed by what he discovered that he presented a documentary video provided by We Serve to his fellow troop members. After viewing the short film, the normally active and talkative scouts fell into a state of shocked silence. Childhood trafficking is not something most students are even aware of. They continued on page 22





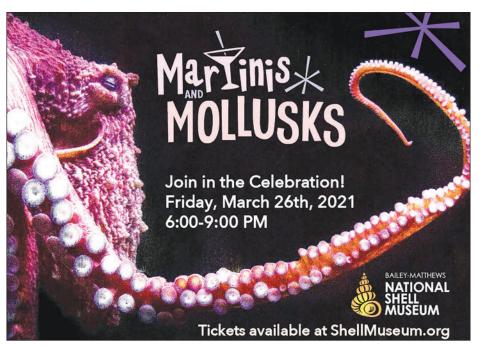


image provided

Shell Museum **Annual Fundraiser** With A New Twist

he Bailey-Matthews National Shell Museum will host its 1st annual Martinis and Mollusks celebration on Friday, March 26 from 6 to 9 p.m. at the museum. It will be a festive evening with cocktails, individuallypackaged meals, socially-distanced

fellowship and a raffle. During the evening, guests can tour the museum and be wowed by the giant Pacific octopus, see record-breaking shells in the Great Hall, and view the H2O Art Exhibition, on display until April 30.

'It is a stimulating year at the national shell museum," said José H. Leal, PhD, Bailey-Matthews National Shell Museum interim director and curator. "Our team is looking forward to welcoming our new executive director, Sam Ankerson, as he joins the museum on March 16th. The Martinis and Mollusks event will give us the opportunity to officially introduce Sam to our island community and hear him speak about his vision for the museum's bright future."

The museum continues to follow CDC protocols to help ensure the safety of its guests. There will be limited outdoor seating available during Martinis and Mollusks upon request, as well as a takeout option for those who prefer to support the museum from a distance.

Tickets are on sale, and the commitment form can be found at www.shellmuseum.org. Sponsorship packages are also available, which help support the museum's work of caring for its animals, improving on its collection and inspiring the next wave of ocean leaders through educational programming.

The museum has been working to protect and preserve mollusks since its inception in 1995. There are more mollusks in the oceans than all marine mammals and fish species combined, but mollusks are becoming extinct due to climate change, ocean acidification and pollution. In 2020, the museum added living mollusks including octopuses, cuttlefish, giant clams and squids to its exhibits and scientific collection, with the goal of inspiring and educating visitors about mollusks and their importance to global biodiversity.

For more information, contact Laura Shaffer at info@shellmuseum.org or 395-2233.☆

American Legion Post 123

Legion Post 123 is serving barbecued ribs and chicken from noon to 8 p.m. this Sunday, March 7. All are welcome.



On Tuesdays,

tacos are served all day. Spaghetti and meatballs are served all day on Wednesdays. Steak sandwiches and cheesesteak are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.☆



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Cherries





by Resident Chef Jarred Harris

The cherry is the fruit of the cherry tree and a member of the Rosacea family. This means that cherries are related to roses, almonds, peaches, plums and apricots. They are small, round and fleshy, and contain a hard seed inside. The word cherry comes from the French word "cerise," which comes from the Latin words *cerasum* and *cerasus*.

There are two main types of cherries produced in the United States: wild or "sweet" cherries and tart or "sour" cherries. Sweet cherry varieties include Bing cherries and Rainier cherries. These varieties are usually available from May through August. Tart or sour cherry varieties include North Star and Montmorency. These varieties are available June through September.

Cherries have been around since 600 BC. The Romans discovered the fruit in

Asia Minor or Turkey around 70 BC. They introduced cherries to Britain in the first century AD and the English colonists brought cherries to North America in the 1600s.

Cherries have always been prized as a delicious food source, but during the 15th and 16th centuries, they were used for their medicinal purposes. Tart cherries are one of the few foods that contain melatonin, a hormone that helps control your sleep-wake cycles. Cherries also contain vitamin A and C, dietary fiber and potassium.

Cherries are an awesome source of antioxidants and anti-inflammatory compounds. These compounds slow down the aging process and protect the body from illnesses such as heart disease, cancer, Alzheimer's, diabetes, and even obesity.

Here is a simple recipe to try:

Cherry and Polenta Cake

Ingredients

3 free-range eggs

1 cup sugar

1 tsp. vanilla extract

½ cup extra virgin olive oil

2 ozs. milk

Zest of 1 lemon

1 cup all-purpose flour

½ cup polenta (fine corn meal is a good substitute)

1 ½ tsp. baking powder

½ tsp. salt

1 cup dried cherries

Method

Preheat the oven to 350F. Grease and flour 8" cake pan.

Cream together vanilla, eggs and sugar until pale and fluffy. Add the olive oil very slowly until the mixture is smooth and emulsified.

Add the zest and milk to the olive oil mixture.

In a separate bowl, sift together all the dry ingredients.

Gradually add the cherries and dry ingredients to the wet ingredients and mix until well combined.

Pour the mixture into the cake pan and bake for 30-35 minutes.

Cool the cake before slicing. Serve with spiced yogurt.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.*

From page 20

Global Problem

wondered how such atrocities could be happening in the very state in which they live. Spearheaded by Liam, the troop decided to make bracelets and develop a brochure that could be handed out to help raise awareness about childhood trafficking. They have made over a hundred bracelets so far and plan to create many more. Plans are in place to distribute the bracelets and brochures at Bailey's General Store on Saturday, March 6 starting at 9 a.m.

The question arises on how this dark underground of human trafficking can be prevented. Sadly, where there is such a high demand, there will likely continue to be a supply, but educating and raising awareness about the issue is a start. United Planet and We Serve are dedicated to educating poor families from whom children are likely to be stolen, and protecting homeless children who are the most vulnerable.

Liam is volunteering his time to build a website for We Serve, which operates a children's home in India, where over 2,000,000 children are homeless and 100,000 are trafficked each year. The organization provides education, care and foster opportunities for these potential victims.

Liam's experience with United Planet has been an eye-opener and he plans to use his skills in mathematics, engineering and problem solving to help people on a broader scale by using technology to educate and raise awareness. Liam believes "every human deserves to be treated fairly and with respect and should have equal opportunity in life."

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.





Shells Found



The DenBraber girls with their finds, from left, Kerry, Molly, Carole and Ally

All Fresh.

he DenBraber girls from Michigan

had a great week of shelling. They

Dan DenBraber said, "My parents

have been coming for the month of

February for the past five years in

found 49 angel wings, two alphabet

retirement. Before they retired, we came as often as we could. We first visited in the '80s and have been back just over 20

photo provided

times. Molly and Ally really, really enjoyed their second trip."

The DenBraber family was staying at Sanibel Arms West, and loved it.

Shell Found



Dennis Baxter

photo provided

ennis Baxter from Fort Myers recently found his first junonia on West Gulf Drive. He has been shelling for about 15 years. He lived on Sanibel for six years before moving to Fort Myers and spends half of the year in

Friday is LOBSTAH NIGHT!

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at 4pm

Shells Found



Lilv Plath

photo provided

ily Plath from Minnesota found a nice alphabet cone and a true tulip non the beach by Sanibel Inn.☆

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A SAUTÉ OF SALMON • A HUSK OF HARES • A LABOR OF MULES A RICHNESS OF MARTENS • A TARTAR OF TUNA • A CAST OF HAWKS A SMACK OF JELLYFISH • A HARRAS OF HORSES • A PARLIAMENT OF OWLS DESCENT OF WOODPECKERS • A RAG OF COLTS • A MUSTERING OF STORKS A CLOWDER OF CATS • A BLACKENING OF MAHI MAHI • A KNOT OF TOADS

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A STEAMING OF SHRIMP • AN ARMY OF CATERPILLARS A HOST OF SPARROWS • A ROUTE OF WOLVES • AN OPENING OF OYSTERS A FLIGHT OF SWALLOWS • A PEEP OF CHICKENS • A DRIFT OF HOGS A JERKING OF SWORDFISH • A TROOP OF KANGAROOS A WATCH OF NIGHTINGALES • A PRIDE OF LIONS • A RAFTER OF TURKEYS A SKULK OF FOXES • A BUSINESS OF FERRETS • AN ITCH OF CRAB CLAWS A SLOTH OF BEARS • A PADDLING OF DUCKS • A BEVY OF ROEBUCKS



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- 1 large tomato, cored and sliced thin
- 1 large or 6 small sweet peppers, seeded and sliced thin
- 4 cups arugula
- 1 cup cucumber, sliced thin
- 1 cup your favorite cream cheese spread or use our hummus or pimento dip recipes
 - 4 large sandwich wraps (your favorite)
 - 1/2 lemon, to squeeze
 - 1 teaspoon all-purpose seasoning blend
 - Olive oil for drizzling

On a clean surface, lay out each of the four wraps. Spread 1/4 cup of the flavored cream cheese, pimento dip or hummus on half of each wrap. In a fun and creative manor, evenly distribute all the veggies covering the other half of each wrap. Lastly add an even amount of the arugula to each wrap. Lightly drizzle the veggies with olive oil, seasoning blend and a little squeeze of lemon juice. Start to roll each wrap from the half that has the veggies on it relative tightly toward the side that has the cream cheese or hummus spread. Continue this process until all four wraps are rolled and laying crease side down. From here the wraps are ready to be served. They can be cut in half or into thirds depending on how you want to serve them. Serve with veggie chips.☆



Crisp Vegetable Garden Wraps

photo courtesy Fresh From Florida

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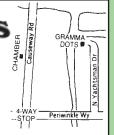


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Art Sale Benefits Community House



Captiva Parasail by Nancy Sperte, watercolor





Summer Reading by Susan Anderson, oil

he Sanibel Captiva Art League is hosting a benefit for The Community House. With a theme of Shells & Beaches, award-winning artists are donating works in a variety of mediums, which are now on display and for sale at The Community House. The historic building is open Monday through Friday from 9 a.m. to 3 p.m. With 100 percent of sale proceeds going to The Community House, artwork may be purchased in the on site office and taken home the same day. Art may also be viewed online.

Since 1927, the nonprofit Community House has served as a gathering place for friends and neighbors on the islands. People meet at the convenient location to socialize, learn and celebrate through education, culture, events and programs. The Sanibel Community Association relies solely on donations, events, memberships and facility users. The association does not receive city funding, although the 1974 referendum, which incorporated the City of Sanibel, was actually held at The Community House. Many social organizations, civic groups and clubs that first found a home at The Community House are still meeting there.

With ample space and multiple rooms available for rental, many churches, civic organizations, clubs, nonprofits and island families have used The

Community House for their parties, weddings, meetings, fundraisers and other special events. The Community House also hosts many large events and festivals including the annual Sanibel Festival. It is one of the largest and longest running shell-related shows in the world. For more information, visit www.sancapart.org or www. sanibelcommunityhouse.net. The Community House is located at 2173 Periwinkle Way on Sanibel.☆



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Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:
Basket Class: Un-Basket with Gisela Damandl – Monday and Tuesday, March 8 and 9, 9 a.m. to 4 p.m.
Member \$121; nonmember \$151.

Art Evening with Jenny Licht: Lanai Fish on Palm Frond – Thursday, March 11, 6 to 9 p.m. Member \$72; nonmember \$90.

Palette Knife Painting in Oil from Landscape Photography with Jan Atkielski – Friday and Saturday, March 12 and 13, 9 a.m. to 3:30 p.m. Member \$160; nonmember \$200.

Music and Film: Amadeus Mozart with Thomas Cimarusti – Tuesday, March 16, 9:30 to 11:30 a.m. Member \$40: nonmember \$50

\$40; nonmember \$50.

"Are You Stuck?" Open Paint & Critique with Jan Atkielski – Friday, March 19, 9 a.m. to 3:30 p.m. Member \$79; nonmember \$99.

Opera, DVD and Discussion: Giacomo Puccini, *Gianni Schicchi* with Thomas Cimarusti – Friday March 19, 1 to 3 p.m. Member \$40; nonmember \$50.

Drawing Basics with Douglas David – Saturday, March 20, 9:30 a.m. to 3:30 p.m. Member \$125; nonmember \$156.

Paint Seascapes in Oil with Douglas David – Monday and Tuesday, March



22 and 23, from 9:30 a.m. to 3:30 p.m. Member \$250; nonmember \$313.

Music and Film: *Immortal Beloved* (Beethoven) with Thomas Cimarusti – Tuesday, March 23, 9:30 to 11:30 p.m. Member \$40; nonmember \$50.

10...10...10 & You: 2-day Abstract Painting Workshop with Genie Kell, Friday and Saturday, March 26 and 27, 9 a.m. to 4 p.m. Member \$239; nonmember \$299.

How Three (3) Pandemics Changed Our World with James Rudin – Tuesdays, April 6 to 20, 9:30 to 11 a.m. Member \$80; nonmember \$100.

Glass Fusing with Petra Kaiser – Wednesdays, April 7 to 28, 9:30 a.m. to 12:30 p.m. Member \$99; nonmember \$124.

Glass Fusing with Petra Kaiser – Wednesdays, April 8 to 29, 9:30 a.m. to 12:30 p.m. Member \$99; nonmember \$124.

The Perennial Philosophy: Catching a Glimpse of Truth and Beauty in Each Religion and Every Branch of Science with Ran Niehoff – Thursdays, April 8 to 22, 9:30 to 11 a.m. Member \$80; nonmember \$100.

Opera, DVD and Discussion: Ruggiero Leoncavallo, *Pagliacci* with Thomas Cimarusti – Friday, April 23, 1 to 4 p.m. Member \$40; nonmember \$50.

All students and instructors must wear a mask and social distance. All rooms are sanitized between classes and class sizes are limited.

Pre-registration is required for all

classes and workshops. For more information, call 395-0900 or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel. For complete course descriptions, workshop and class schedules, visit www.bigarts.org or email info@bigarts.org.

Poetry Corner

by Clay C. Ewell

Veterans

We collapse upon the trampled earth, our breathing ragged and gasping
To fill the aching void, emptied and ravaged by the gauntlet
We have endured and seemed to survive.
And we face each other, comrades, separate living beings
That in the crucible, have become as one
Now knowing ourselves and each other in a way that the outsiders can never know.

Silent yearning calls us toward that common thing that defines us
While propelling our wounded hearts into the lonely demonic shadows
Into the watery tomb of Charybdis.
We sit and stare and gather what of ourselves remains
We laugh and tease, we tell our stories

Of what once was and now gone forever.

We dream of home, of a lover's voice, of a summer's evening, of anything but this. And then we rise to our feet from the weeping mud and shake off the humaneness That will cloud the mind and dull the razor's edge of our senses.

And move again into harm's way and still further from what we once were.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Self employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandsunnews.com.









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Art In Bloom Exhibit At Sanibel **Public Library**

Sanibel Public Library is open to the public and also offering contactless curbside service. Place items on hold online, or make requests by calling 472-2483. You will be notified when your items are ready for

The Sanibel Captiva Art League and Shell Islands Garden Club's Art in Bloom collaborative – floral arrangements inspired by artwork opens at noon on Tuesday, March 9. It will also be on display on Wednesday, Mil also be on display on Wednesday,
March 10 from 9 a.m. to 5 p.m. and
Thursday, March 11 from 9 a.m. to
noon throughout the second level.
Library cardholders can now borrow
magazines via the Libby app. Users
can download eBooks, audiobooks

and magazines in one place. If you need help using apps on your device,

schedule an appointment at https://sanlib.org/techappointment/.
Locals and visitors can virtually attend WWII History Programs with Duane E. Shaffer will Library. Shaffer will present programs on WWII via Zoom. Go to the homepage at www.sanlib.org. Click on the link to login a few minutes before 10 a.m. on Wednesday, March 17 to watch 1943 Operation Eiche (Oak) online.



From 2019 Art in Bloom; art by Anita Force Marshall with Gloria Krekel's arrangement photos provided

Since the early 1980s, March has been designated as Women's History Month, a time to celebrate the contributions women have made to the U.S. and recognize the specific achievements women have made over the course of American history. Stop by the book display or borrow an eBook from home.

Sanibel Public Library's digital archives are online. The library is seeking stories, photos, videos of people and places of Sanibel and



From the archives: unknown women on Captiva in the 1910s

Captiva for the archive. With over a thousand items, this ever-growing collection is a peek into Sanibel's past. Seed development for this ongoing project is supported in part by the Roni Jo Freer Fund of the Sanibel Public Library Foundation.

Youth Services Librarian Deanna Evans posts online storytimes each week. Her videos can be found on the Children's Page. Library cardholders can stream or download eBooks, movies, music, newspapers and magazines through eShelf. Computers, printers, scanners and fax machines are available and are sanitized between each use.

WiFi is available throughout the building. Mobile WiFi hotspots are available for checkout. Many eBooks

and several new apps have been added in the past year, including online access to newspapers from around the world.

The library requires that everyone in the building wear masks and follow social distancing practices. The library is quarantining all materials between loans. During this time, library materials may appear as overdue on your account. Do not renew the item if you have returned it. Contact the library at 472-2483 or notices@sanlib.org if you

have any questions.
Sanibel Public Library is located at 770 Dunlop Road.蓉

Registration Open For Spring Break Camp

The Sanibel Recreation Center is offering a fun-filled week of athletics, arts and crafts, and games during spring break. Camp runs Monday through Friday, March 15 to 19. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a bag lunch and water bottle. Face mask

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.☆



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The Mystery Of Mrs. Christie



by Di Saggau

agatha Christie has sold more books than any other writer. Her mysteries are popular around the world, and yet there is one mystery about her that no one really knows how to answer. It's possible

that Marie Benedict has brought to life one of the most puzzling disappearances ever. That of Agatha Christie, in December 1926, when the fast-rising author goes missing for 11 days. When investigators find her empty car on the edge of a deep gloomy pond, the only clues are some tire tracks nearby and a fur coat left in the car, which was strange considering it was a frigid night.

Her husband, a World War I veteran, and her daughter have no knowledge of her whereabouts. A huge manhunt is launched to find Mrs. Christie. She reappears exactly 11 days later, just as mysteriously as when she disappeared. She claims amnesia and no explanations for her disappearance.

While we may never know why she went missing for those 11 days, Benedict, with her trademark historical fiction writing, takes us into the shadows of

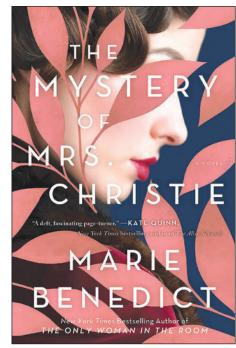


image provided

the past, imagining why such a brilliant woman would find herself at the center of such a murky mystery. What role did her unfaithful husband play, and what was he not telling investigators? Benedict gives us a revealing look at the man who captivated Christie's heart and then betrayed her. He becomes a man more interested in protecting his reputation than finding his wife. Her research also gives the reader some astonishing facts about Christie.

Benedict almost didn't write this book, but after researching the circumstances and history around Christie's 1926 disappearance, she had a sense that it played a key role in her journey to becoming the most successful writer in the

world. She felt compelled to explore that idea and *The Mystery of Mrs. Christie* was born. This fascinating page-turner is a good book club selection.

School Smart



by Shelley M. Greggs, NCSP

Shelley,
My middle school son seems to have some difficulty making and keeping friends. I thought this might change as he got older, but it hasn't. He's a good

kid. Is there something I can do to help him?

Jesse P, Fort Myers

Jesse,

Middle school is a very difficult time for children socially and emotionally. Their bodies are changing faster than they can cope with, and many more pressures are placed on them to be "cool" and popular. Individuality is not particularly valued. Thus, the demands of being observant to social cues increase significantly yet social interactions become more subtle. If your son has trouble picking up on social cues like facial expressions and tone of voice, it can be hard to connect socially with peers. Here are some examples of what issues with social cues can look like in school.

One behavior that indicates difficulty with understanding and/or responding to social cues is showing or feeling empathy. Kids who struggle with this may not know when to express empathy and when not to say anything. It might look like not asking what's wrong when a family member is sad or has had a bad day.

Another important skill is for a child to be able to "read" how others really feel about them. When children can't read their peers, they often misconstrue their actions. For example, at home he may think you are always angry with him even though that is not the case. At school, your child

may think a particular person is constantly rude toward them when in reality that person may just want to be a friend. He's just not able to interpret the social cues correctly.

They don't get the joke! Kids who can't pick up social cues often miss the nuances of humor. They don't understand sarcasm, tone of voice, double meanings or body language, and then they are at a loss in responding to the joke without looking foolish.

Children who struggle with social cues may become isolated and feel alone. They may not want to join in family events or join school clubs. They prefer to work alone on projects rather that in a group.

If you are seeing these types of behaviors in your child you may need to help your child "decode" social situations through role playing, discussing unwritten social rules and practicing identifying and labeling social behaviors. One easy way to observe people is by watching a TV comedy or drama show with the sound turned off. Ask your child to describe what he is seeing, how the actors are feeling based on their body language and to create scenarios where your child has to identify and describe what might happen next. Role playing can also be helpful particularly if your child is facing a specific event where he is required to behave in a certain manner. Of course, there are numerous apps that address this situation. Visit www. additudemag.com/slideshows/educationalapps-for-kids-with-adhd-social-skills for a review and recommendation of some of the better ones.

If these interventions don't seem to make a difference, you may want to inquire if your son's school has a social skills group or if there is a private therapist who works with kids who have some social skills difficulties.

Shelley Greggs is former faculty at Florida SouthWestern State College,

continued on page 30



BlueGiraffeRestaurant.com





Susan Anderson and Blue Giraffe 2 Manager Brad MacKenzie with one of Anderson's photo provided

Art Exhibit Opens At Restaurant

lue Giraffe 2 is exhibiting eight large-format paintings by local artist Susan Anderson in March. The exhibit includes figurative paintings, landscapes and portraits. The canvases are hung in three different rooms in the

In the absence of an artist's opening reception, the artist and Blue Giraffe invite the public to stop by to view the

Anderson began her career as a graphic designer and was the lettering artist for the Dick Tracy comic strip for four years. She studied at The Palette and

Chisel Academy of Fine Art in Chicago, and began plein air painting in Provence, France. She now splits her time between Fort Myers and Wisconsin.

'Many local shows don't accept large works of art. We love being able to support the arts community on Sanibel through both art and music," said Blue Giraffe 2 Manager Brad MacKenzie. "Blue Giraffe's exhibit space gives us one more way we can promote incredible visual artists, like Susan, who live and

work in our area."

Blue Giraffe 2, at Beachview Estates, is next to the Sanibel Island Golf Club. The restaurant is open to the public every day from 11 a.m. to 8 p.m. for lunch and dinner, and brunch on Saturday and Sunday. For more information, call 558-5634.

Bat Yam Temple Bluegrass Concert This Sunday

submitted by Tanya Hochschild

arch is a busy month at Bat Yam Temple of the Islands. Our annual ■ fundraiser concert – A Cantor, a Pastor and a Bluegrass Band – will be held this Sunday, March 7 at 4 p.m. You have probably seen our fliers all over town advertising this exciting musical event featuring Bat Yam's Cantor Murray Simon, Sanibel Congregational United Church Christ Senior Pastor Dr. John Danner and Nefesh Mountain's husband and wife team, Doni Zasloff and Eric Lindberg. Do not miss out. There are still a few days left for you to register at www. batyam.org. Attendance is free to the public, but donations are encouraged and welcomed.

The pandemic has put mountain music in jeopardy. Coronavirus has silenced the instruments, hopefully only temporarily. But silenced they are as fiddlers, mandolins, banjos and rhythm guitars lie unused. The musicians "spooked" by the virus are not showing up to jam with

each other. On the brighter side, the Internet has guaranteed that many songs will endure. Knowing this makes our bluegrass concert even more special.

We are celebrating our 30th anniversary on March 25 at our AGM. Thirty years ago, we experienced an outpouring of support for the new Jewish congregation and 30 years later, we continue to welcome new members. At the AGM, a new slate of officers will be introduced by the chairman of the nominating committee and once again, a new leadership will be elected and be at the helm, taking Bat Yam Temple of the Islands into the future. We will also be saying goodbye and thank you to those sterling souls who led Bat Yam through a very difficult year, and who now, having set the course due north, are stepping

We celebrate Passover this month, and while we were certainly not anticipating another "virtual" celebration – keeping social distant and being physically separated - thanks to our tech team, we are ready to do it again. With vaccinations well under way, we see light at the end of this very long tunnel. And so we say Chag Sameach! Wishing you and your families a healthy and joyous Passover.₩



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Tuesday, March 23 The Bower String Quartet and The Chamber Strings

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Open air concerts will be performed at 11:00 AM at Sundial Beach Resort & Spa 1451 Middle Gulf Dr, Sanibel, Florida 33957 Register at

www.sanibelmusicfestival.org

for complimentary guaranteed socially distanced seating and to make a free will donation. Walk-ins are welcome as space permits. All donations are tax deductible and will support the Bower School of Music.



Sundial Beach Resort & Spa has achieved Global Biorisk Advisory Council® (GBAC) STAR™ accreditation, the gold standard for prepared facilities. This accreditation verifies that Sundial Beach Resort & Spa has implemented the most stringent protocols for cleaning, disinfection and infectious disease prevention.



Sanibel Music Festival is grateful for the support of Lee County Tourist Development Council

Official Secrets



by Ron Green

n Wednesday March 10 at 12:30 p.m., BIG ARTS will show Official Secrets (2019), the second film in this year's BIG ARTS Ethics in Film Series. The film runs one hour, 52 minutes and will

be shown in the BIG ARTS Christensen Performance Hall. After the movie, I will lead a discussion in the theater.

Official Secrets is based on the true story of British Intelligence agent Katharine Gun, played by Keira Knightley who, during the immediate run-up to the 2003U.S. invasion of Iraq, received a top secret NSA memo enlisting Britain's help in collecting compromising information on U.N. Security Council members to blackmail them into voting in favor of the invasion. Unwilling to stand by and watch the world rush into war, Gun decides to defy both her government and professional obligations and leak the memo to the press.

Each of the films in this series asks its leading characters and viewers, "In view of the values in conflict at the center of this story, what is the right thing to do?" Official Secrets asks the question of when, if ever, an act of treason can be morally



image provided

justified.

Remaining films in the series are 4 Months, 3 Weeks and 2 Days, March 24, and Arrival, March 31. Each film will be announced in the Island Sun a week before it is shown.

Tickets are \$10 and available in advance or on the day of the film at the BIG ARTS box office, 900 Dunlop Road on Sanibel, and at www.bigarts.org. For more information, call 395-0900.

Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.☆

BIG ARTS Monday Night Film Series Beanpole

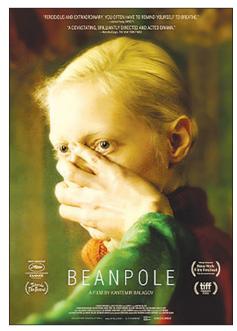


image provided

by Di Saggau

he BIG ARTS Monday Night Movie for March 8 is *Beanpole*, a film from Russia about a battle-shaken nurse named Iya, in a veterans hospital in Leningrad, waiting for her boyfriend to return from the war. She has a young boy to care for. The director paints a war-shredded city in vivid pea greens and blazing orange, mixed with frenzied sound and human bustle.

Beanpole goes straight into the list of great postwar films. It is inspired by the oral histories of Soviet war veterans compiled by Nobel Prize-winner Svetlana Alexievich in her 1985 book, *The Unwomanly Face of War*. The film strives to portray the criminally underrepresented experiences of female soldiers grappling with post-traumatic stress disorder and it has the most involving character studies ever seen, reaching deep into the psyches of its heroines.

The film runs 137 minutes and will be shown at 7 p.m. in Christensen Performance Hall. Tickets are \$10 and can be purchased online or at the box office. There will be no discussion following the film.

Visitors must wear masks and be mindful of social distancing. A sanitizing fogger is being used after each gathering and hand sanitizing stations are available.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit www.bigarts.org.☆

From poage 28

School Smart

where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www. schoolconsultationservices.com.☆



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two poached eggs, smoked salmon, canadian bacon, sliced tomato, english muffin, key lime hollandaise



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Community Bids Farewell To Dave Jensen

by Kathy Kurtz Ferrari

bout three dozen Captiva residents paid tribute to the late Dave Jensen in an impromptu march through Captiva village on February 27.

Jensen, one of the former owners

of Jensen's Twin Palm Cottages and Marina, died unexpectedly in Italy on February 20. His funeral was held in Ruviano, Italy at the same time as the Captiva march.

The local event, planned quickly and unofficially by Jensen's friends and family, followed the same route as the annual Mullet March, which Jensen organized. The raucous event would wind its way from Jensen's Marina through Captiva Village, marching down Andy Rosse Lane to the beach. It was an unofficial celebration of the island, with outlandish costumes, amateur marching band and participants making as much noise as possible along the way. Bystanders were either confused or joined the fun.

A local veteran was often honored in a ceremony at the end of the route on the beach.

Pristine beach conditions greeted the group as they gathered on the sand, where Jensen's brothers, John and Jimmy, shared some memories.

"Dave always had a plan," said John.



Friends and family on Captiva gathered on February 27 to remember the late Dave Jensen

"One week it would be, 'Hey let's buy this property and do this or that.' The next week it was, 'We should write a book.' He was really something."

Jimmy remembered Dave's excitement for the annual march.

"I used to love watching Dave when he was kind of herding the cats for the parade, making sure everything was organized. He had this look in his eye like a little boy looking at a roller coaster,' said Jimmy.

Organizers of the February 27 march hope to hold an annual memorial parade on the same date to remember Dave.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.☆

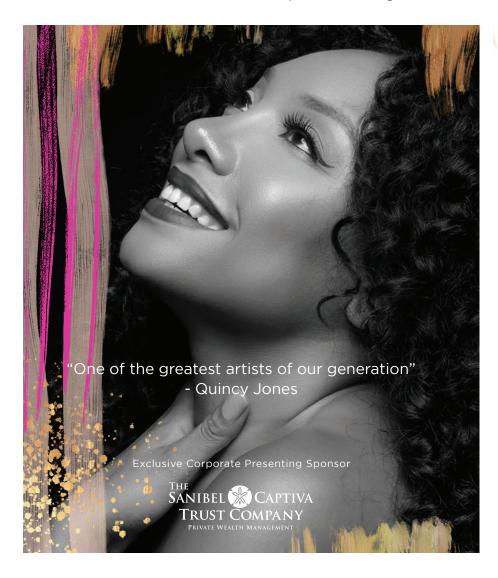


Jimmy and John Jensen march in memory of their brother Dave, who died unexpectedly in Italy on February 20 photo by Kathy Kurtz Ferrari

SUNDA TANK MAN



An old photo shows Dave Jensen's enthusiasm at a past Mullet March photo provided by Jimmy Jensen





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VOL. 28, NO. 36

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 5, 2021

Relations With Russia Topic for FORUM Series

The BIG ARTS FORUM Speaker Series will feature Dr. Fiona Hill on Sunday, March 14 at 7:30 p.m. in Christensen Performance Hall. Her topic will be Russia's Relations with the U.S. and Europe.



Fiona Hill

Dr. Hill came to America's attention as deputy assistant to President Trump and senior director for European and Russian affairs on the National Security Council. She is a senior fellow in the Center on the United States and Europe in the Foreign Policy Program at Brookings. From 2006 to 2009, she served as national intelligence officer for Russia and Eurasia at the National Intelligence Council.

During a recent interview, I asked her to share some of the topics she will be addressing on March 14. She said, "Given the fact of what's happening at the moment, I will plan to focus on current events. The new Biden administration is trying to figure out what their policy is toward Russia. We've got a lot going on in Russia and Europe as well. I'll try to take it from some real time events and then talk about what the Biden administration has to work with and what has changed since the Trump administration. I'll discuss what's happening on the ground in Russia and what Putin may be thinking concerning current events in Russia. A lot of events are changing in Europe, and Russia is becoming very strained. At the same time, Biden is trying to improve relations with Europe, which were under quite a bit of stress during the Trump administration.

"There are a lot of similarities in Europe and the United States as to relations with Russia, and obviously relations between individual leaders do shape things. The biggest thing is that Joe Biden is not Donald Trump. I'll explain what I mean by that."

continued on page 14B

Grande Dames Tea Recognizes Local Women

Pace Center for Girls, Lee County will hold its 2021 Grande Dames Tea virtually on Thursday, March 11 at 1 p.m. Pace will honor three local women – Naomi Bloom, Mariel Goss and Robin Krivanek – for their significant impact on the community.

Pace's annual Grande Dames Tea honors women who exemplify the organization's guiding principles and have made an impact through their roles in business, community and philanthropy. The inspirational event recognizes the unique perspectives and powerful insights that these women have gained in life, and honorees will share their wisdom during a question-and-answer session led by the young women of Pace. The virtual program will be complemented with a performance by the Pace girls and prize drawings.

"We invite the community to join us for an afternoon of inspiration as we recognize our community's most revered women – this year with a virtual twist," said Meg M.



Naomi Bloom Mariel Goss

Geltner, executive director at Pace Center for Girls, Lee County. "This time-honored Pace tradition celebrates the female spirit while recognizing the wisdom that comes with time, and learning from these women's lives is an unforgettable opportunity."



Robin Krivanek

Presented by the Gunterberg Charitable Foundation, virtual tickets are \$15 per

continued on page 20B

Island Currents

Jensen Family Sells Historic Captiva Property

by Kathy Kurtz Ferrari

losing a chapter in the rich history of Captiva, Jensen's Twin Palm Cottages and Marina has been sold to Royal Shell for \$11 million. The sale closed on February 16.

According to Michael Polly, president and managing broker of Royal Shell, the company does not plan to change the property and will continue to run it as a marina with cottage rentals, the way the Jensen family did for nearly 45 years.

"We want to keep building on the history and keep the laughter and fun vibe going," Polly said in an email.

Royal Shell will be adding more boat and kayak rentals. Other nuances will include dedicating one wall of the property's unique fishing museum to members of the military and first responders, Polly said.

The property had been on the market for roughly four years, and rumors circulated that it would be developed for different uses. Many on the island were



Jimmy and John Jensen

photos by Kathy Kurtz Ferrari

relieved to hear Royal Shell's plan.

"We think Jensen's Marina is a special place and we want to keep that historic fishing village vibe. We don't want to do anything with the property, except to enhance what is already part of the magical history of Captiva Island," Polly explained.

The marina was run by Jensen brothers



Jensen's Twin Palm Cottages and Marina is an iconic piece of Captiva's history

Dave, John and Jimmy. Sister Pat lives in Seattle but was also involved.

While this should have been a time of celebration for the family, it quickly turned to grief and shock. A few days after the closing, Dave, 65, died unexpectedly in Italy, where he and his wife Vanessa "Queenie" Viglione had moved a few years ago. His loss has been a blow to the

entire community. He was dedicated to Captiva, taking leadership roles in events and organizations.

This interview was conducted before his death.

The Jensen family legacy will forever be sewn into the fabric that makes Captiva unique. The marina was the jewel of real

continued on page 12B



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WEDNESDAY, MARCH 31, 2021 **WATCH VIRTUALLY** 6:00 P.M.

In the spirit of creativity and accessibility, the "Ding" Darling Wildlife Society wanted to shake up our annual Go Wild for "Ding" fundraiser. This year's fundraiser will be a playful emulation of the classic Jeopardy game show. An episode of Jeopar-Ding will be professionally recorded for ticketed guests to enjoy. Guests will have the pleasure of watching their favorite local celebrities as the contestants answer questions about the Refuge, "Ding" the man, wildlife, and so much more.

Proceeds benefit the conservation education efforts at the J.N. "Ding" Darling National Wildlife Refuge.

TICKETS

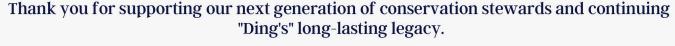
Individual:	\$25
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Alex Trebek Tribute:	\$150
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Individual/Couple + School Class:	\$300
(1 link for the show & 1 link for a school class of 30 students)	
Darling VIPs:	\$750

(1 link for the show, 1 exclusive "Ding" facemask, & 1 commemorative Jeopar-Ding buzzer)



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Times of the Islands, limited edition print by Darryl Pottorf

photos provided

Zonta Online **Auction Features** Iconic Artists

submitted by Sue Denham

uring the last half of the 20th century, Sanibel's reputation grew as an artist colony. Ikki Matsumoto, Katie Gardenia and Charles McCullough became household names, inspired by these unique islands to develop their talent and their community. Other artists followed, drawn to these qualities and the islands' beauty.

Now, the Zonta Club of Sanibel-Captiva's Peek Repurposed online auction offers the chance to own art from these or other prominent island artists. Get ready to bid, and help Zonta's cause!

First, the club announces a late contribution by the Bokeelia Art Gallery: a limited edition giclee of a painting by Darryl Pottorf, titled Times of the Islands, commissioned by that magazine for its 15th anniversary edition, January-February 2011. The painting features the style Pottorf perfected during years as a protégé of the late Robert Rauschenberg. No. 7 of 25, it is signed, stamped and dated by the artist. The gallery earlier donated Dark Sacred Night, an original acrylic on canvas by the late Jean Dean. Japanese artist Ikki Matsumoto grew

to fame as a Sanibel resident and gallery owner. Arriving in 1975, he established the Tower Gallery and later, from their own gallery in the Village Shops, he and his wife Polly created posters for the Island Reporter and the Rotary Club's annual craft fair. Ikki's legacy – especially art featuring wildlife – is found on walls worldwide. Zonta's auction features *Jump* for Joy, donated by the artist's estate.

Sissi Janku, known for her vivid Hawaiian landscapes and her popular painting classes, settled on Sanibel 15 years ago after studying in Hawaii and embarking on worldwide travels. Her



Jump for Joy, giclee from the estate of Ikki Matsumoto

unique home was featured on Zonta's 2019 home tour. Her contribution is a framed, limited edition lithograph, Remember the Islands.

Katie Gardenia, celebrated for creating the Bubble Room restaurant on Captiva. donated a hand-hooked pillow. She said, "I am a self-taught fiber artist creating one-of-a-kind fantasy art dolls, fiber art beaded jewelry and upholstered fiber art chairs. My work takes me into the fantasy world in which I prefer to live!

Many Tower Gallery artists have contributed. Zontian Marianne Ravenna, gallery member since 2002, said, "The Tower Gallery is a successful artist cooperative, the longest-running gallery in Lee County with 25 artist members. We are so pleased to be able to help Zonta's cause and we naturally hope for enthusiastic public support." Others participating are: Sheila Hoen, Charles McCullough, Sally Dutko, JoAnne Bedient, Ludmilla Evans, Buck Ward, Shah Hadjebi, Susan Sadler, Kelly Morrison, Carole Nastars, Michael

continued on page 6B



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Trust Company Sponsors Island Celebration

he Sanibel Captiva Trust Company has once again agreed to serve as presenting sponsor of the SanCap Cares Island Celebration to benefit Golisano Children's Hospital of Southwest Florida. A live streamed virtual fundraising celebration is scheduled for Sunday, March 28.

"We know this is a unique year, but we need to continue to support healthcare – especially children's healthcare – in our community," said Al Hanser, founder and chairman of the trust company. "We are delighted to continue our support of this movement and event. While we may not be able to celebrate altogether in person, we can still do so much to give back to our children.'

"The Sanibel Captiva Trust Company has been a dedicated partner with us for many years. Their leadership in our community is a true model of engaged corporate stewardship," said SanCap Cares committee member Valerie Tutor. "We are so appreciative of Al Hanser and the whole team at The Sanibel Captiva Trust Company for their loyal support of such an important cause.

For two decades, every spring, the Sanibel and Captiva communities have rallied to support the life-changing



From left, SanCap Cares committee member Valerie Tutor with Al Hanser, Robin L. Cook and Jeff Muddell of The Sanibel Captiva Trust Company photo provided

work at Southwest Florida's children's hospital. In this year like no other, SanCap Cares will do that again, though in a social distanced way.

The gala is being billed as a virtual happy hour/cocktail party/celebration, with entertainment by The Modern Gentlemen, food, cocktails and a few surprises. MudBugs Cajun Kitchen, Sweet Melissa's Cafe, Blue Giraffe Restaurant, 400 Rabbits Mexican Kitchen & Tequilaria, Paper Fig Kitchen and The Sanctuary Golf Club are each preparing signature items for a

tapas-style menu that each supporter will receive to enjoy at home during the event. Cocktails will be included.

On the program for the celebration are special appearances by hospital staff, the "give-to-give" online auction, a live auction anniversary piece by Congress Jewelers and a hospital tour by a special hostess, 11-year-old Heidi. While other details are still being finalized, it is shaping up to be a one-of-a-kind experience.

This year, SanCap Cares funds will go to purchase a new pediatric and

neonatal critical care ambulance. This specialized vehicle is used several times a day to bring young patients to receive the critical care provided by doctors and nurses at the hospital.

SanCap Cares donors contributed toward an ambulance eight years ago, and that unit is still in service. However, after almost 230,000 miles and well over 900 trips a year, the hospital needs a replacement.

"The legacy of giving that SanCap Cares has created and continues to foster is like nothing I've ever seen," said Armando Llechu, chief officer of hospital operations and women and children's services at Lee Health. 'The fact that so many on the islands are generous to fulfill our request is amazing. The new ambulance will continue to help save lives and bring hundreds of children to the care they most desperately need."

The first SanCap Cares in 2001 started a trend by creating a first-ofits-kind fundraising gala on the island. It has been a favorite late season gathering for many on the island. Organizers hope this year's theme of "Resilience" will keep friends coming to this unique celebration – even virtually.

SanCap Cares began as a grass roots organization of islanders in 2001. Its mission is to raise money and awareness for Golisano Children's Hospital of Southwest Florida. To learn more about SanCap Cares, visit www. sancapcares.org.☆



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Rotary Happenings

submitted by Cindy Carter

his latest election, whatever side you may have been on, was a big topic of conversation. Rotary does not endorse any candidates for any election,

however, our recent speaker did educate us all on a topic that we learned back in elementary school, but many have forgotten since then. It was the topic of the Electoral College.

Michael Maibach reeducated us on the topic of the Electoral College, starting with a refresher on the creation of our country with our founding fathers. The founders wanted a republic that had checks and balances as well as a separation of powers. They had the idea that republics are designed to guard against tyranny, especially of the majority. The founders struggled with the concept of the best, fairest way to select a president. To select a president by popular election meant that the largest states will always rule. To have the president elected by Congress wouldn't work because then Congress would rule with no check on Congress. It was decided to select the president through an election by the states. State electoral votes would include two votes each, no matter their population.



Michael Maibach

photo provided

There may be some disagreement about this way to select a president, but this is how the founding fathers created our governement, our country. It has worked for our country for many years. And the great thing about our country is that if the people decide that it doesn't work for them any longer, the people can create change. Democracy in action.

Maibach is a distinguished fellow of the Save Our States organization. He is a seasoned professional in global business diplomacy and civic engagement, and serves on various nonprofit boards such as the Witherspoon Institute and the James Wilson Institute. From 2003 to 2012, Maibach was the president of the European-American Business Council. In 1983, he established the Intel Corporation

Government Affairs Department. At Intel, he built a global team of 150-plus professionals during his 18 years at the company and became Intel's first vice president of global government affairs.

While a college student, Maibach was a governor's fellow in Illinois and was elected to the Dekalb County Board as the first person in U.S. history elected to public office under 21 years of age. After graduate school, he served as an Illinois legislative fellow in the Illinois State Senate.

A believer in lifelong education, Maibach earned degrees from Northern Illinois University, California State University, American University, Georgetown University, Ashland University and the Institute of World Politics, where he now serves on its board of trustees.

The Sanibel-Captiva Rotary Club is holding hybrid meetings on Zoom and in person at The Dunes. To attend a meeting in person (limit 20), email Bill Harkey at william.harkey@gmail.com by Wednesday. Zoom meetings are held on Fridays. Log on as early as 7 a.m., meeting begins at 7:30 a.m.☆

New Loan Coordinator

lexis Rojas has joined Sanibel Captiva Community Bank as a loan coordinator at its main office, located at 2406 Periwinkle Way on Sanibel. She assists the residential lending department with the preparation of loan applications,



Alexis Rojas

collection of supporting documentation from loan customers, and submission to underwriting for review and approval.

Rojas is a graduate of Florida SouthWestern State College and is currently pursuing her degree in legal studies at Florida Gulf Coast University. She has prior management experience in the retail industry.

From page 3B

Zonta

Danley, Charlie Brown, Megan Kissinger and Sarah Kiser. Visit www. ZontaSanCap.org for the full catalog.

The auction opened on March 1 and closes March 10. Own a piece of all that's best about the islands, and

help Zonta raise funds to support area organizations seeking to empower women and girls.

Visit www.ZontaSanCap.org to donate, or learn about Zonta's other Peek initiative, the first-ever jewelry and antiques appraisal event on Saturday, March 13. All proceeds go in grants to nonprofits in Lee County, including Sanibel.☆

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This stunning 2BR/2BA unit has an open floor plan and boasts excellent rental income! As a walk-out ground floor unit, access to the beach, pool area and tennis court is convenient and easy! The unit has been renovated, including the kitchen with custom cabinetry, granite countertops and stainless appliances. Both bathrooms are updated and the unit provides a stackable washer/dryer.

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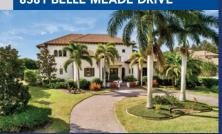
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Legislative Update Provided For Local Business

s far as the restaurant and lodging industries are concerned, COVID liability protection and the legalization of restaurants selling alcohol to-go will be the top issues the Florida legislature will undertake this session, said two Florida Restaurant & Lodging Association (FRLA) representatives. On February 24, they spoke at a Hospitality Virtual Legislative Update 2021 in partnership with the Sanibel & Captiva Islands Chamber of Commerce and Greater Fort Myers Chamber of Commerce.

"This will be a unique session like we have never experienced," said Richard Turner, FRLA senior vice president of government relations. "There are a lot of checkpoints we have to go through. It's extraordinarily awkward to campaign on a lot of our issues. What we do is similar to playing chess on three boards at the same time - at the local, state and federal level.

One of FRLA's top legislative priorities is COVID liability protection, said Samantha Padgett, FRLA general counsel. Legislation she expects to pass soon will require a physician affidavit for an individual to sue a company because of a COVID infection. "If a business made a good faith effort to comply to standards and laws, it is immune from a

suit," she said. The bill would also shorten the statute of limitations to one year on such suits.

As an added source of income for restaurants during the pandemic, takeout sales and delivery of alcohol come before the Florida legislature, supported from the beginning by Gov. Ron DeSantis. "If this would have been done without the pandemic, there's no way it would have passed," said Padgett, who is confident it will pass now. "No states were allowing it before the pandemic, now 33 states are doing it in some fashion.

Other state-level issues impacting the hospitality industry include Visit Florida funding, which looks to be supported beyond its previously set 2023 sunset date; state short-term rental legislation versus home rule, and restaurant rating.

On the federal level, legislation concerning third-party restaurant delivery services, tax credits, minimum wage and COVID stimulus funds are most likely to impact restaurants and accommodations, the speakers said.

"These are important issues for our local businesses, and we thank the FRLA for bringing us up to date on how things stand in Tallahassee and beyond," said John Lai, Sanibel-Captiva chamber president and chief executive officer. 'Here at the chamber, we have set our legislative priorities on water quality issues, and we continue to monitor activity where they are concerned. We will keep our members updated on our efforts in their behalf for clean water and the Everglades projects that support it."

Virtual Programs On Establishing Florida Domicile

he Sanibel Captiva Trust Company is holding an hour-long virtual program on Florida Domicile and how to obtain it for new residents. Robin L. Cook, CWS, and Jeffrey A. Muddell, MBA, wealth services for the trust company, and David M. Platt, PA, of SanCap Law will present on the important steps of obtaining Florida domicile on Tuesday, March 9 or Tuesday, April 6 from 3 to 4 p.m. via webinar.

"We'll explain the differences between Florida residency and Florida domicile," said Cook. "The current real estate market confirms that many people are choosing Florida for their primary home and they should not miss out on taking advantage of everything this state has to

Attendees will learn why it matters in which state their trusts and investments are managed to obtain the tax benefits of Florida domicile. "We will go over the many important protections Florida



Robin L. Cook

offers in regard to personal assets that other states may not," said Platt. The Sanibel

Captiva Trust Company and SanCap Law have partnered for several years on these programs and have helped hundreds of new island residents



in the process. To RSVP, contact Frances Steger at 472-8300 or fsteger@ sancaptrustco.com to receive your link to the webinar on March 9.☼



Captiva Community Panel Report

he Captiva Erosion Prevention District will meet via Zoom on Monday, March 8 beginning at 1 p.m. (details at www.mycepd.com). The Captiva Community Panel will meet on Tuesday, March 9 at 9 a.m. via Zoom.

Among the agenda items: Review of Rauschenberg Residency plans; discussion of EMS helicopter landing site; review of proposed sea level rise adaptation plan study; updates on COVID-19; and iguana MSTU petition

The work to eliminate the invasive iguanas from the island is on hold. Injuries from a recent accident will keep the trapper out of commissioner for six to eight weeks.

The Captiva Community Panel is collecting petitions to ask Lee County to form a Municipal Services Taxing

Unit (MSTU), which will fund efforts to eradicate the iguanas that have proliferated on Captiva. If you support this drive, send the panel an email at captivacommunitypanel@gmail.com with your name and property address(es), saying you support the formation of this unit. You will get an email back with a PDF with your name, address and STRAP number already filled out, so all you need to do is sign and date the form, write in where it was signed (city and state) and mail it back to the panel at P.O. Box 72, Captiva, FL 33924-0072.

This unit will cost the average island property \$52.68 in taxes the first year. To form the unit, petitions must be received from 50 percent-plus-one of Captiva property owners and they must be submitted to the county before April 1, so the panel needs them by March

To find out more about the unit, go to https://captivacommunitypanel. com/panel-info/invasives-mstu/. If you have any questions, email captivacommunitypanel@gmail.com\\\

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Teresa Baker | 472-5187 x 220

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Cooking During COVID Final Topic For Talking Points

am Sifton, founding editor of the popular New York Times Cooking app, will speak about the joys and frustrations of home cooking during COVID-19. For the last year, Sifton has been working - and cooking – at home, and that's where



Sam Sifton

he'll speak from virtually on Thursday, March 11 at 4 p.m. for the final BIG ARTS Talking Points season presentation.

As a former chief restaurant critic for The New York Times, Sifton knew that chefs would often tell stories to their line cooks, describing a dish in a kind of shorthand, leaving the line cooks to execute the chef's desires. It prompted him to begin to experiment with his own "stories," and that led to weekly "no recipe, recipe" ideas included in his four-times-a-week newsletter.

Next week, No Recipe Recipes by Sifton will be released from Ten Speed Press. MacIntosh Books will have copies available, and Sifton will reveal his ideas early for Talking Points participants.

"I presume many of our readers have core competence in the kitchen, but maybe lack the confidence to try stuff," Sifton said. "Lots of us are not chefs, just

He started simply, working off a photo or idea or something he found inspiring and discovered no-recipe stories were 'super, super fun."

Sifton has a long relationship with Sanibel. His grandparents lived on Sanibel before a bridge existed, finding it a haven from their harsh Maine winters. It was an especially good climate for his

grandfather, whose lungs were damaged by mustard gas while fighting in World War I. Later, his mother lived on Sanibel.

Sifton's area visits beyond Sanibel have included Captiva, North Captiva, Useppa and Cabbage Key; and today his in-laws live in Bonita Springs. NYT Cooking, a digital recipe collection, even includes a Sanibel recipe, Doc Ford's popular Yucatan Shrimp.

Formerly *The Times'* food editor, national news editor, chief restaurant critic and culture news editor, Sifton is also the author of See You on Sunday: A Cookbook for Family and Friends and Thanksgiving: How to Cook It Well.

As an assistant managing editor now responsible for culture and lifestyle coverage, Sifton also supervises the At Home section on Sunday, a venture created during the pandemic to bring subscribers something "delightful, and of service to readers." The goal is to offer a guide to living a "full, cultured, happy life" despite the restrictions needed to fight a deadly virus.

Based on the flood of pictures sent in by readers who tackle a weekly craft project included in each issue of At Home, editors believe it's been a resounding success.

For Thanksgiving, always the biggest holiday for the food section, editors last year knew they had to rethink how to present ideas for socially distant, smallerthan-normal gatherings. Sifton, who normally hosts 30 guests at Thanksgiving, realized there would be many former guests in 2020 who had never cooked Thanksgiving before. Do you need 18 sides? For him, yes was still the answer. But the section helped others scale down and innovate. "It's one of the things I'm most proud of in the NYT - how many we were able to help through the holiday," he said.

So what's ahead? Sifton, who demurs on prognostication, says he can't predict whether vaccinated folks will roar back to restaurants or rather, tentatively head out. Either way, he expects pre-COVID huge restaurant portions may be scaled back

soon. Otherwise, after months of home cooking, patrons would be shocked at the super-sized plates of old.

Tickets for Sifton's talk are available online at www.bigarts.org for \$20 or, for those who wish to watch on the big screen at BIG ARTS, visit the box office at 900 Dunlop Road or call 395-0900 for socially distanced reserved \$20 seats. Sifton will leave plenty of time to answer audience questions, which may be texted during his presentation. 以

ISLAND SUN BUSINESS NEWSMAKERS

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Help Save This Owl Family

submitted by Christine Andrews, President. Committee of the Islands

hese great horned owls – an adult and a juvenile – are part of a family nesting in a residential neighborhood on Sanibel. Raptors like owls feed on rats and help control the rat population. This photo shows a rat's carcass in the adult owl's talons. Many homeowners and condominium associations use second generation anti-coagulant rodenticides to kill rats. If that rat in the photo consumed a rodenticide that contained a secondgeneration anti-coagulant before it was captured, all the owls could slowly bleed to death.

You may have seen the photo of the eagle chick that was watched by many of us through the eagle cam. People noticed blood on the chick. The chick was picked up and brought into CROW. CROW was



Great horned owl with its catch photos by Sara Lopez



Juvenile great horned owl

unable to save the chick and CROW is testing to see if it died from eating rat poison. Red-shouldered hawk numbers have also decreased. At one time, you could not walk outside on Sanibel without hearing a red-shouldered hawk's call. Now, you are fortunate to hear one.

First generation alternative baits are less harmful to raptors like owls, hawks and eagles. Some people use RatX, which is not an anti-coagulant and, according to the labeling, is formulated to kill rodents without harming non-target species like raptors.

For the sake of our wildlife, ask your pest control provider to explain some of the alternatives and to not to use any product that contains any of the anticoagulant rodenticides like brodifacoum and difethialone. Call your association or pest control company today. Let's save Sanibel's wildlife.

Our special thanks to Sanibel resident Sara Lopez for sharing these photos.

For more information on Committee of the Islands (COTI), contact c.palmer. andrews@gmail.com.☆

From page 1B

Captiva Property

estate purchased by Red and Betty Jensen, who came down from Michigan with their children in the early 1970s and began buying property on the island.

In 1977, Red bought the marina for \$550,000.

"And everybody on the island was saying he got ripped off. 'Oh my God, this guy from up north didn't know what he was doing," said John, as he sat at a picnic table at the marina with Jimmy the day after the sale.

"He was a wheeler-dealer," John added of his late father, who is buried next to Betty in Captiva Cemetery.

The marina was initially run by Dave and John, then in their 20s.

"Dad asked if we wanted to come down from Michigan to run the place. And we said, 'Hell yeah!' For a year, Dave and I were living in the office, in the back. Those were our bedrooms," John said, remembering they would often be

awakened in the middle of the night by the bell in the office if somebody wanted to check in.

Meanwhile, Jimmy, the youngest, was a teenager and moved to Captiva with his parents to attend high school in Fort Myers. He worked at The Mucky Duck until there was enough business at the marina for him to join in 1988.

Only John and his wife Gina have added to the next generation with their son Johnny, who is finishing high school in Fort Myers.

Captiva was fairly isolated and less developed in those early days, with more fishermen than tourists, more cottages than mansions.

There wasn't a sheriff on the island," said Jimmy. "It had to be bad for them to come out. You were pretty much on your own. It was a good time, a very interesting time to grow up here.

John remembered riding his bike at night on Captiva Drive and not seeing any cars for miles. He and Dave would hang out at Timmy's Nook, the bygone local watering hole, later torn down to make

room for The Green Flash.

As more people discovered Captiva, things changed. But all the while Jensen's Marina stayed the same.

"Our dad always said, 'Don't change anything here, and it'll take care of you.' And he was right, because the more things

did change, the more we stood out.
"I always liked what Dave would say when someone would tear down a little house and build a big whatever. He'd say, The world needs diversity. As long as you don't tell me what to do with my property, I'm not going to tell you what to do with

Islanders consider the Jensens part of their own family. The marina has been a place of gathering for the tight-knit community, where impromptu parties and musical performances were staged.

Dave organized a zany annual event called the Mullet March, which summoned amateur musicians, costumed characters and anyone who could play a kazoo for a raucous romp through the village.

The marina's old Florida-style rental cottages hosted generations of fishermen and their families. Even manatees sensed the allure of the property, welcomed as unpaying guests.

John and Jimmy live nearby and will continue to run Jensen's on the Gulf, seven rental units on the beach side. Jimmy's wife Elizabeth will still work at the marina.

While the brothers admitted it felt odd not to have the responsibility of the marina, they were thrilled with the sale, knowing Royal Shell was a good fit.

They will miss the generations of customers and are grateful for the support of the community. And they are thankful to Royal Shell.

"We just realize how lucky we were," John said with emotion brimming in his eyes. "People ask if we're sad, but I say no, I'm happier than ever to know we had this for 44 years in our life. We had our

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.☆

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Chamber To Host Lee County Tourism Leader

amara Pigott, executive director of the Lee County Visitor & Convention Bureau (VCB), will be the guest speaker at the Wednesday, March 10 virtual business meeting of the Sanibel & Captiva Islands Chamber of Commerce, starting at noon.



Tamara Pigott

Since 2010, Pigott has overseen the promotion of The Beaches of Fort Myers and Sanibel as a travel destination to targeted domestic and international visitors, including vacationers and business travelers. She is responsible for the strategic planning of domestic and international sales and marketing efforts, and supervising the day-to-day operations of the VCB's local staff and international consultants at offices in Washington, DC, the Midwest, United Kingdom, Canada, Germany and France.

A graduate of Florida State University, Pigott holds a bachelor of science degree in economics and political science and a master of science degree in political

science. Her experience includes work as a research analyst and vice president of local research companies, analyzing the economic feasibility of local developments and business opportunities. In addition, she has held the positions of beach and shoreline project manager and deputy director with the VCB.

Pigott was elected to chair the board of directors for the Florida Association of Destination Marketing Organizations in 2013. In 2015, she earned the tourism industry's highest educational achievement, the certified destination management executive designation from Destination Marketing Association

Pigott has also served on a variety of Visit Florida marketing committees, including international, advertising and promotions. Visit Florida is the state's

official tourism marketing agency.
"Pigott has skillfully led local tourism efforts through good times and bad," said John Lai, chamber president and chief executive officer. "She is a highly respected figure in the industry, and we eagerly await her assessment of the current Lee County tourism outlook as we move deeper into our winter season."

The Sanibel-Captiva chamber will send its members Zoom invitations to register for the virtual event. When members RSVP, they will receive a link to the Zoom meeting in advance. The chamber is seeking a sponsor for the meeting. For more information about sponsorship or registration, contact Lai at john@ sanibel-captiva.org.☆

Bailey's Sponsors CHR Fundraiser



From left, Richard Johnson, Bailie Johnson, "Manatee Mer," Dane Johnson and Calli Johnson photo provided

ommunity Housing and Resources (CHR) recognizes Bailey's General Store as a sponsor for its annual fundraiser, Manatee Madness. Bailey's "Manatee Mer" is adorned with thousands of seashells hand collected by local artist Ginny Dickinson. It is on display at Bailey's General Store, located at 2477 Periwinkle Way.

Calli Johnson, fourth-generation owner/operator of Bailey's, said, "We are proud to support the mission of CHR because our community benefits

from having more working professionals and their families alongside other island residents. Hosting Manatee Mer has been a fun experience for all, and we encourage everyone to come out and

"Bailey's General Store has been a loyal sponsor of our annual fundraising efforts at CHR, helping to fulfill our mission to provide affordable housing for families and individuals who work on and who serve our beautiful island community," said Melissa Rice, CHR executive director.

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Will Power

Should Your Estate Plan Factor Unrepaid Loans To Your Children?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ucy loaned her son money over the years. First, it was \$75,000 for a down payment on his home then another \$40,000 when he was unemployed. Those weren't the only times she sent money his way. It seemed that over the years, he always needed something, and Lucy was there for him.

"I made him sign promissory notes," she said, "but he's never made any attempt to pay me back." Lucy wondered whether this should affect his share of the estate when she updated her plan.

"My daughter has never asked for anything," Lucy continued, "but she and her husband earn a good living. I'm not sure what to do."

Lucy's dilemma isn't unique. She eventually settled on treating the unpaid notes as a charge against her son's inheritance. She wanted to even out the shares considering both lifetime loans that were never repaid and testamentary transfers. She felt that although her son was in greater need, both children were able bodied adults. She didn't want her last statement in the form of her estate plan to somehow indicate that her daughter wasn't equally loved.

Lucy's desire to consider her son's loans as an advance on his inheritance raises issues. First, Lucy must determine the amount of outstanding debt that exists, or at least consider the amount that she would like to charge against her son's share. If she can evidence the loans with promissory notes or canceled checks, all the better, although it's not necessary since Lucy is free to charge any amount that she believes is fair.

The second issue is whether accrued unpaid interest should be added to the principal balance. When you run the numbers, unpaid interest can exponentially increase the amount outstanding. Consider a \$30,000 note at 3 percent interest over 20 years. If you compound the unpaid interest on an annual basis, the amount owed balloons to over \$54,000. Compounding on a more frequent basis (monthly, for example), the amount would be even more. There are two ways to calculate the interest: by compounding it as this example illustrates, or through simple interest, which adds the interest to the principal balance every year without compounding. In my example, simple interest would increase the note to \$48,000.

Once that's settled, there's the issue of keeping track of any future loans or gifts. Also,

if Lucy's son happens to repay any amounts, a ledger needs to be kept. Lucy probably doesn't want to amend her estate plan every time the amount changes, so she probably wants to maintain a ledger and reference that in her plan.

This presents yet another issue. What happens if and when Lucy becomes incompetent? I've had clients not maintain their ledgers, sometimes for years, which becomes a mess when we try to figure out the amount that should be charged against a share of the estate. An alternative is to indicate a fixed amount in the estate plan, understanding that it might not be entirely accurate when the time comes to settle it.

Who enforces the ledger should also be addressed. If Lucy names her daughter as personal representative and/or trustee to her estate plan, then the daughter delivers the bad news on her brother's inheritance, unless Lucy has told him ahead of time. Further, if there's any dispute as to the amounts owed or repaid, the sister must negotiate with her brother about it, with the matter potentially landing in litigation.

Finally, there are tax issues. If Lucy has a taxable estate, then the promissory notes

Finally, there are tax issues. If Lucy has a taxable estate, then the promissory notes are included in her estate as an asset. That speaks to Lucy specifically bequeathing the notes back to their maker, Lucy's son. What if the son doesn't have a large enough share to cover the outstanding note values? Must he repay the overage to the estate? Is the overage forgiven?

Also, for income tax purposes, Lucy has to be careful not to forgive the notes. Instead, they should be gifted back to her son. Promissory notes that are forgiven constitute taxable income to the maker, Lucy's son in this example. If, on the other hand, she gifts the notes back to him, they are a taxable gift, but if her estate does not exceed her available exemptions at her death, there's no tax paid.

Many of these same issues apply if the lifetime transfers were gifts instead of loans. As you might imagine, there's more to it than initially meets the eye. If any of this applies to you or a loved one, I hope raising this issue helps head off future problems.

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Conservation Land Purchased

The Lee Board of County Commissioners voted to approve the purchase of about 10 acres in St. James City on Pine Island, contiguous to the Pine Island Flatwoods Preserve.

The parcel consists of native pine flatwoods, mangrove forest and natural wetlands. It also is contiguous to

Calusa Land Trust conservation land. The Conservation Land Acquisition and Stewardship Advisory Committee (CLASAC) previously voted unanimously to recommend the purchase and the board voted September 15, 2020 to pursue the purchase. The purchase agreement is for \$30,000.

There are currently 31,060 acres within Conservation 20/20, Lee County's land acquisition and management program. For more information, visit www. conservation2020.org.

How's The Market? Ask Ann

More good news for Sellers! Last week, our MLS system reported 36 new pending sales contracts consisting of 13 Condos, 16 Homes and 7 Vacant Lots. It's not my style to tell potential buyers that time is their enemy.

Right now, I see prices as rising, Economics 101, high demand and lower supply equals increased cost (prices). Combine this with historically low interest rates and the time to buy is now. In addition, some investors see Real Estate as a hedge against inflation. I am curious if any of my readers think differently than I do. Let me know.



Ann Gee Broker/Owner

Our office has been very fortunate to participate in the recently reported Closings and Pending sales. Thank you to Bobbie McGlynn, Michelle Bornhorst and myself for over \$8,000,000 in Real Estate activity. I would also like to acknowledge Meredith Murray from John Naumann & Associates for her hard work and professionalism on my recent sale of Kings Crown 302. Take a look at our newest listing at 1667 Sabal Sands Road. A great value at \$749,900.

Remember, if you are thinking of selling, I can save you 50% on the Listing side of the Commission (\$8,000 to \$12,000).

25 Closed Sales Going Back One Week: 11 Homes, 8 Condos & 6 Lots

2515 Wulfert Rd. Vacant Land - \$220,000 6095 Dinkins Lake Rd. Vacant Land - \$255,000 1340 Eagle Run Dr. Vacant Land - \$295,000 805 E. Gulf Dr. C7 Sanibel Arms - \$343,000 1684 Bunting Ln. - \$487,000 1501 Middle Gulf Dr. G406 Sundial West - \$490,000 217 Violet Dr. Vacant Land - \$545,000 1029 Dixie Beach Blvd. - \$570.000 1653 Bunting Ln. - \$645,000 2445 W. Gulf Dr. B-3 Pointe Santo - \$650.000 979 E. Gulf Dr. 542 Loggerhead Cay - \$675,000 1012/1014 East Gulf Dr. - \$699,000 3751 Coquina Dr. - \$795,000 2001/2003 Mitzi Ln. - \$820,000 705 Oliva St. - \$875,000 800 Sextant Dr. Mariner Pointe 4 - \$920,000 9426 Sage Ct. - \$945,000 709 Pyrula Ave. - \$1,125,000 1401 Middle Gulf Dr. L205 Sundial East - \$1,390,000



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2721 W. Gulf Dr. 302 Kings Crown - \$1,400,000 1159 Golden Olive Ct. Vacant Land - \$1,500,000 3215 W. Gulf Dr. D302 Sommerset at the Reef - \$1,630,000 1246 Seagrape Ln. Vacant Land - \$2,575,000 1238 Isabel Dr. - \$3,325,000

Call or email me with any questions. Stay safe & have a successful year!

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NEED A HOME!



Looking for a home to rent for me and my dad. A year round rental on Sanibel. I'm 5 years old and under 15lbs. My dad is 54 and has worked on Sanibel for 15 years now. We don't need

15 years now. We don't need anything huge, a one bedroom/ one bath with a small kitchen

would work out fine.

Open to suggestions.

Text or leave message. 239-224-0046

From page 1B

FORUM Series

I asked about the protests in Russia over the jailing of Alexei Navalny when he returned. She said that is definitely something she will talk about. She said, "The protests are an incredibly important development in Russian domestic politics and it puts Putin in a position he has not been in before by having a clear leader of the Russian opposition. He has to react to it now and he can't just ignore Navalny as he has in the past."

As to what kind of a relationship the U.S. is likely to have with Russia, she said, "We may be able to manage the relationship so it's not always in conflict and crisis as it is now. The hope is that we can find something that will manage the relationship. I don't think we'll have a full blown working relationship like we have with a number of other countries."

Dr. Hill definitely looks forward to answering people's questions, saying she will be as responsive as possible.

For the first time, you can live stream all the FORUM lectures in the comfort of your own home. Following the lecture, you may text your questions and comments to the speaker. The program and technical support instructions will be sent one week in advance of each speaker. Tickets for both the FORUM and Talking Points lectures can be made on the BIG ARTS website at www. bigarts.org. For more information, call 395-0900. BIG ARTS is located at 900 Dunlop Road on Sanibel.

Dr. Lamotta Leaving Practice In Good Hands



by Kathy Kurtz Ferrari

fter two decades of providing top notch medical care to islanders, Dr. Edward LaMotta is retiring. His last official day in the office, located on Periwinkle Way, will

be at the end of March.

Like a good shepherd watching over his sheep, LaMotta searched for the right person to take over the practice. He is handing over his flock to Dr. Richard Dylan Murphy, a board-certified osteopathic internal medicine specialist with an eye to the cutting edge future. Murphy joined the practice just over a

LaMotta recently took a break from patients to reflect on his long career.

Growing up in New York City where his father was also doctor, LaMotta went to medical school at the University of Minnesota. He planned on joining his father's practice, but deciding he didn't want to move back to New York, he stayed and practiced emergency and family medicine for 20 years in



Dr. Dylan Murphy, left, will take over the medical practice at MDVIP on Sanibel for Dr. Edward LaMotta, who is retiring later this month photo by Kathy Kurtz Ferrari

Minnesota.

"I just couldn't take the weather there. It was so difficult, so I came down here, he said of moving his practice to Sanibel Island 20 years ago. "You really fall in love with it.'

Now in his 70s, he seems excited but a bit anxious about starting a new chapter

'I've been a doc my whole life. I used to do house calls with my father in Manhattan," he remembered. "I never really did much outside of medicine so it's going to be kind of new to me."

LaMotta will still be around. He's an avid bicyclist and he'd like to start a local bike club for his patients. He also plans to do some traveling with his partner Betsey Houston in the Airstream RV he recently purchased.

"I've really only taken one week off a year, but after 20 years of being here, I'm going to take two weeks off," he joked.

For the past five years, LaMotta's practice has been affiliated with MDVIP, a nationwide network of doctors offering personalized preventive healthcare similar to concierge medicine.

There is a membership fee but there are many advantages for patients, like having direct access to their doctor. Same or next day appointments are available, and family members and visiting guests are able to be treated. The practice also has on site testing available, including ultrasound and X-ray, so patients don't have to leave the island.

There are over 1,000 doctors who are part of MDVIP, so those who travel or have a home in another state are able to see a doctor in the network.

All appointments are at least a half hour long, rather than the 15 minutes most doctors allow. The practice is limited to 600 patients so doctors really know their patients. Like most regular physicians, before he joined MDVIP, LaMotta had around 5,800 patients.

"It almost goes back to the old Marcus Welby kind of days in some ways, LaMotta said, referring to the TV show from the 1960s and '70s.

So getting the right person to take over the practice was important.

"I've found a great guy here," LaMotta said of Murphy. "Your patients are family and you want your family to be taken care of. And this guy is going to excel. I actually retired a little earlier than I thought because I just didn't want to leave people in the cold... With Dylan, I just had a feeling. It's a good fit.

Murphy, 32, grew up in the Appalachian Mountains of eastern Kentucky. He earned his bachelor's degree at the University of Kentucky

continued on page 18B



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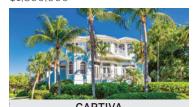
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LOGGERHEAD CAY

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Burns Family

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PUNTA RASSA

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EAST END / SANIBEL

- 4 BR +den/ 4 bath home on Sanibel's East end. steps to the beach with private boat dock &
- Gorgeously remodeled, large porches, private pool & spa, top floor master with sundeck and Gulf views
- \$2,300,000 EURO 1,936,499













3. 4 BEDROOM HOME ON INTERSECTING CANAL - SANIBEL

- · 4 BR/3 BA home with boatdock, lift, and private pool
- · Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views
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4. BLIND PASS CONDO - SANIBEL

- 2 BR/2 BA bright ground floor condo in community just steps to world famous Bowman's Beach
- · Community offers: large heated pool, BBQ grills, tennis, on-site office, and more!
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5. NEAR BEACH HOME OFF WEST GULF DRIVE - SANIBEL

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6. EXPANSIVE LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

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- Wood floors, newly remodeled pool/pool deck, and fully mitigated
- \$1,975,000 EURO 1,641,456

7. GULF VIEWS AT LOGGERHEAD CAY - SANIBEL

- Enjoy your 2 BR/2 BA condo with vaulted ceilings, situated 1 back from the Gulf with incredible views from the corner lanai
- Pet friendly community offers large pool, tennis, shuffleboard, and weekly rentals - great for families & investors.
- \$945,000 Euro 777,541

8. GULF VIEWS AT GULF BEACH - SANIBEL

- 2 BR/2 BA rarely available Gulf front corner unit on Sanibel's East End
- Community offers: pool, beach access & deeded dock with canal access for kayak & paddle board launching
- · \$879,000 EURO 798,325







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Frankly Speaking

by Howard Prager

ome 900 victories. That sounds like a lot, doesn't it? In football, impossible. In baseball, much easier. In basketball Division I, it's a club of only five coaches. Roy Williams joined that club last

weekend, after winning his 900th game with some fans in attendance against No. 11 ranked Florida State, coming back from 16 points down. If you're going to do it, why not do it in a big way? So I can see some of you saying, so what, this is North Carolina, they always win. Au contraire, dear readers. Let's look at this club and see what teams have done for other coaches.

Bobby Knight won the majority of his 902 victories at Indiana, with 240 combined wins at Army and Texas Tech. Jim Boeheim wrapped up his most recent year as head coach at Syracuse ranked second in all-time Division I coaching triumphs. He is also second on the active games coached list, trailing only Duke's Mike Krzyzewski in the two categories. Duke, a perennial tournament favorite, may not get in for the first time

since 1995. Jim Calhoun won his 900th only when he returned to coaching at a Division III school. So, it's not an easy club to join, legacy school or not. So hats off to Williams for his accomplishment.

Elsewhere, last weekend, Gonzaga became the first undefeated team to enter its conference tournament since Kentucky in 2015, Baylor lost their first game and dropped to No. 3 with Michigan popping up to No. 2. Indianapolis opens up its arenas to some fans for both the Big Ten tournament starting next week and March Madness, which is being played in and around the town the following week.

Baseball is back! And the Twins and Yankees have the largest number of fans allowed, although of course not full stadiums and with COVID-19 restrictions in place. The teams and players are thrilled to play in front of live fans, even with limited capacity. You are doing your job of cheering, and after a year of mechanical cheering, live voices are happily being heard by the players. The Twins beat the Red Sox in their spring opener on Sunday as you probably know. Next week, I'll be interviewing a pair of lifelong Twins and White Sox fans as they project to this season's biggest division rivalry.

Tiger. What can be said? Every tournament he plays in has greater viewing. His comebacks have been epic, but this is the ultimate test after his unfortunate car accident. He took to

twitter on Sunday to post: "It is hard to explain how touching today was when I turned on the TV and saw all the red shirts. To every golfer and every fan, you are truly helping me get through this tough time." If this is the end of golfing for him, he has left a mark on the PGA that will be hard to duplicate. And if he comes back, that will be remarkable in itself. I'm pulling for that to happen.

The Good News Story of the Week is about the Los Angeles Clippers and Black History Month in a program called L.A. Clippers Local Business Partners, pr.ented by Honey. "This program is designed to provide a spotlight, resources and support for businesses in L.A. during the month of February. Six Black-owned businesses were featured on Clippers' social media posts, email offers and Clippers App each game day. The Clippers' YouTube channel created dedicated videos for each business." That's nice. One of the restaurants that the Clippers reached out to was Keith Corbin's Alta Adams, featuring California soul food. What makes this more remarkable is that Corbin served time in prison as a young adult and, when he was released, he wanted to change his

life and legacy. Growing up poor and impoverished in the Watts neighborhood led him to a life of desperation. Matt Pave, vice president of marketing for the Clippers, said: "His restaurants are incredible with outstanding food, but it was his story that gravitated us toward working with Keith. He worked his way up the ranks from line cook to kitchen manger to chef/owner." And Corbin doesn't forget how he got there. He prioritizes hiring men and women returning home from incarceration, as well as those from similar neighborhoods to Watts. Corbin said, "I always emphasize hiring in communities that I've come from. New beginnings, fresh starts. It's hard for people to change their identity or how they're viewed or overcome failures. Being able to do that has been my biggest triumph." May his restaurant continue to succeed and his big heart continue to help others.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

Commissioner To Address Republicans

n Saturday,
March
13 at 10
a.m., Lee County
Commissioner
Kevin Ruane will
speak at the second
Sanibel-Captiva
Republican Caucus
meeting of year.
Last year, Ruane
was elected to
the Lee County
Board of County



Kevin Ruane

of the board.

In 2007, Ruance was elected to the Sanibel City Council, and voted mayor in 2010, a position to which he was reelected until he resigned to run for the Lee County board. In 2014, Gov. Rick Scott appointed Ruane to the South Florida Ecosystem Restoration Task Force. Ruane was instrumental in forming the largest compact for water quality in the organization's history. In 2020, he was awarded the Florida League of Cities E. Harris Drew Municipal Official Lifetime Award.

Ruane will discuss current issues, including COVID-19, water quality and financial impacts. The meeting will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. Coffee will be served. The public is welcome. For more information, call Will Smith at 395-0819.

Sanibel FlyFishers Virtual Meeting

anibel FlyFishers will host local guide and tarpon legend Josh Greer of West Wall Outfitters on Thursday, March 11. Greer is a local guide and is the Southwest Florida regional representative for the Bonefish and Tarpon Trust (BTT). He will be sharing his experience fishing for juvenile tarpon and peacock bass.

The meeting will be held on Zoom beginning at 6 p.m. and all are welcome. Link: http://bit.ly/Sanibelff Mar2021.

See facebook.com/sanibelflyfishers for more information. Check out the YouTube Channel for videos of past meetings: https://bit.ly/Sanibelff_YTube.

Sanibel FlyFishers is the fly fishing club of Sanibel. Email sanibelff@gmail.com.



Josh Greer

photo provided

Commissioners, and was voted chairman

t From page 15B Lamotta

and graduated from Eastern Kentucky Medical School. He did his internship in

He and his wife Audrey, along with their two young children, recently moved to Sanibel. Audrey will be joining the staff as an administrator.

Murphy is an enthusiastic sports fan, and he is just as enthusiastic about practicing internal medicine, helping his patients manage and maintain a balance for overall health.

He feels it's important to treat patients as a whole – mind, body and spirit – and stresses an overall healthy lifestyle with proper nutrition, exercise, preventive care and hygiene, especially during COVID-19

"If you have proper nutrition, dieting and have better health, you have better outcomes."

"The great thing about this program

is it's not just sick care, it's well care," he said of MDVIP. "Ultimately, the goal is to make people as happy and healthy and prosperous as possible, and a big part of that is doing preventive medicine."

Murphy understands he has big shoes to fill, and how important it is to have LaMotta's vote of confidence.

"He has been such a pillar in the community. Everybody loves him," Murphy said of his predecessor. "I'm from a small town so community means a lot to me. That's why I wanted to live on the island. Being tight knit and taking care of this community will be very important to me. It's where I hope to spend my career and grow old."

Murphy is accepting new patients. The office is located at 1699 Periwinkle Way. Visit mdvip.com/DylanMurphyDO for more information.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.

SPORTS QUIZ

- 1. What World Golf Hall of Famer won 82 LPGA tournaments including 13 major championships from 1955-69?
- 2. Bryce Harper, Jeff Bagwell, Jimmie Foxx and Andre Thornton are tied for what Major League Baseball record?
- 3. What NHL team ended a 54-year championship drought with a 4-3 Stanley Cup Finals win over the Vancouver Canucks in 1994?
- 4. In what league did the London Monarchs, Frankfurt Galaxy and Barcelona Dragons compete in from 1991-92?
- 5. What acclaimed sports documentarian's film credits include Jesse Owens Returns to Berlin (1968), Wilma (1977) and 100 Years of Olympic Glory (1996).
 6. In 1942, right-handed pitcher Hiram Bithorn became Major League Baseball's
- first player to hail from what island?
 7. A 1989 Pro Bowl wide receiver for the Tampa Bay Buccaneers and the 1990 NFL Defensive Rookie of the Year for the Chicago Bears share what name?

ANSWERS

I. Mickey Wright. S. Walks in a game (6). 3. The New York Rangers. 4. The World League of American Football. 5. Bud Greenspan. 6. Puerto Rico. 7. Mark Carrier.



George Schnapp from George & Wendy's photos provided

Islanders Attend Mardi Gras Lunch Hosted By FISH

ISH of SanCap, with George & Wendy's Seafood Grill, hosts a community-wide Friendly Faces Luncheon in a virtual format on the third Tuesday of each month. February's luncheon featured a Mardi Gras celebration. Participants made Mason jar lanterns, played a group critical thinking game and caught up with each other from



Virtual luncheon participants

last month's luncheon.

The next Friendly Faces Luncheon is scheduled for Tuesday, March 16. Alison Charney Hussey, executive director of Clinic for the Rehabilitation of Wildlife (CROW) will be the guest speaker. She will share stories about CROW and all the services they provide. The virtual luncheon consists of a cold entree, side, bottle of water and dessert, delivered to islanders by FISH volunteers following COVID-19 safety protocol. The lunch is complimentary, courtesy of FISH. Meal choice details are provided upon signup and reservations are required no later than the Friday before the luncheon date. Once registered, FISH will provide an emailed link and meeting ID number for access. Call 472-4775.☼

Bank Returns As Golf Sponsor



From left, Rudi Hamer, Cheryl Haught, Carla Brosy and Jill Grossenbaugh

anibel Captiva Community Bank is again a major sponsor of the annual Play for PINK golf tournament held at The Dunes Golf and Tennis Club. Thanks to the underwriting of the Estee Lauder Companies, this contribution of \$1,500 enables 100 percent of funds raised at the event to go directly to the Breast Cancer Research Foundation.

Sixty-four golfers will tee off at 8:30 a.m. Players will purchase mulligans,

raffle tickets, pay-the-pro tickets and participate in a putting contest at the conclusion of their round. Prizes will be awarded to the first place men's, women's and mixed teams. A luncheon will be held in the pavilion.

A virtual silent auction will take place leading up to the golf tournament, from March 24 to 27. Auction items may be previewed online beginning Saturday, March 20.☼



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Are Eggs Good For Heart Health?



by Julie Rosenberg, MD

hicken eggs are an 'affordable source of protein and other nutrients for most people.

Here are five important facts about eggs:

1) The USDA recommends consuming no more than 300mg of cholesterol per day. One large egg has 78 calories and 187mg of cholesterol – all of which is found in the yolk. So, if you eat two eggs for breakfast, you have exceeded the recommended daily amount of cholesterol.

2) Eggs are a good source of protein. One large egg has 7 grams of protein.

3) Eggs contain important nutrients such as lutein and zeaxanthin. These carotenoids are powerful antioxidants and may reduce the risk of age-related macular degeneration, the leading cause of blindness in older adults.

4) Choline is used to build cell membranes and has a role in producing signaling molecules in the brain. Brain development and memory may be enhanced by the high choline content

#SI-12240

of eggs. One egg contains about 100mg of choline.

5) Eggs are naturally high in cholesterol, although the cholesterol response to eating eggs varies among people. For about 70 percent of people, eating eggs doesn't raise serum cholesterol levels.

Many people ask, "Is eating eggs good for me or will it increase my risk of heart disease?'

There is conflicting information in the literature about the impact on heart health from eating eggs. Here's the bottom line: Studies show that for the majority of people, eating one egg per day does not increase their risk for heart disease. Exceptions include people with type 2 diabetes or heart disease. The sum of literature suggests that such individuals should eat eggs with caution, and not more than three eggs per week.

For those people who consume eggs in their diet, it's important to pay attention to how the eggs are cooked. Eggs are often cooked in butter or oil. Butter contains saturated and trans fats. One tablespoon of butter has 31mg of cholesterol. This cooking method adds to the cholesterol found in eggs. Eggs poached in water may be a better choice, as they have no additional cholesterol.

It's also important to choose the foods that you eat along with your eggs with care. For example, people often eat eggs with bacon. One serving of three slices of pork bacon has

about 160 calories, 20 to 25mg of cholesterol, 12 grams of fat (of which 40 percent is saturated fat) and 581mg of sodium. Turkey bacon is considered the "healthy" bacon alternative. However, while three slices of turkey bacon have fewer calories and saturated fats than the same quantity of pork bacon, don't be fooled. Turkey bacon is still high in sodium (492mg) and contains about the same amount of cholesterol as pork bacon.

Personally, I no longer eat eggs regularly. While I might have one egg per week, I typically prefer an egg white omelet cooked in olive oil spray, especially when dining out. I load it with fresh vegetables, herbs or, on occasion, salmon. I might add a piece of whole grain toast with almond butter. It's a great breakfast – delicious and

healthy! Because I don't get lutein and zeaxanthin in my diet from eggs, I eat green leafy vegetables, another good source of these antioxidants.

One of the most important aspects of nutrition is knowing what you are eating. Such knowledge will help to guide informed food choices. If you have specific questions or concerns regarding the inclusion of eggs or other foods in your diet, please consult with a dietician or your physician.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.\\$

From page 1B

Grande Dames

person. A virtual tea party sponsorship is \$500 and includes virtual streaming access for eight people, recognition during the livestream and a tea party kit with tea, dessert and handmade gifts from the Pace girls. Proceeds benefit Pace and its strength-based, genderspecific programs that guide Pace girls in finding their voice and achieving their potential.

Bloom became the leading independent voice, business strategy advisor and platform architect, market influencer, blogger and speaker about enterprise class human resource management software. She earned a bachelor's degree in English literature from the University of Pennsylvania and a master of business administration from Boston University. In her half-century career, she changed fundamentally the architectural foundations of human resource management software; launched her own consultancy, Bloom & Wallace, in 1987; worked through several generations of technology evolution; and became the leader of her field before retiring in 2018. A Fort Myers resident for over 20 years, Bloom has served on the board of Florida Repertory Theatre for 14 years, 10 as vice-chair, and is a supporter of many local cultural and community service organizations.

Goss has held an influential role in shaping the Sanibel Island community. Moving to the island in the early 1970s, Goss sought to create a way for their

children to get to and from elementary school safely. She formed the Sanibel Bike Path Committee dedicated to the creation of a paved bike path on Sanibel, while her husband, Porter Goss, championed for the incorporation of the city and became the City of Sanibel's first mayor. Mariel Goss' efforts were instrumental in raising the funds and support needed to bring the vision for the first 2.5-mile section of the city's bike path into reality. She has also served on the Friends of the U.S. National Arboretum for 13 years and is a supporter of many causes, including those related to the environment and historic preservation.

Krivanek has been a voice of action in government and community. She earned a master's degree in biology from the University of Florida and worked as a research biologist before she became the first woman to be elected as supervisor of elections in Hillsborough County. She held this position for 18 years and championed efforts to reenvision the voter registration and polling processes. Upon retirement, she moved to Sanibel in 1993 and shared her passion for science by joining the board of directors for the Sanibel-Captiva Conservation Foundation (SCCF) and the City of Sanibel's Vegetation Committee. Today, she has just completed her second term as a trustee for SCCF, is past-president of the League of Women Voters of Sanibel, volunteers for FISH of SanCap and attends Sanibel Congregational United Church of Christ.

To register, visit www.pacecenter. org/grandedames or call 425-2366.☆



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Congressman To Address Progressive Club

Charlie Crist will be the guest speaker at the virtual meeting of the Progressive Club of the Islands on Thursday, March 18. The meeting will start at 4:45 p.m. with announcements and club business. Crist's presentation will begin at 5 p.m.



Charlie Crist

Crist will speak on the State of Florida politics focusing both on the pandemic and on his efforts in ensuring voting rights for all Floridians. Crist has a long record of service to Florida in leadership positions as a state senator, commissioner of education, attorney general, Florida's 44th governor, and

now as congressman representing Florida's 13th Congressional District. He has most recently been tapped to serve on the appropriations committee, including the subcommittee of defense. He is also serving on the science committee, which oversees NASA and space and climate change policy.

Crist has stated that he is committed to returning civility to political discourse, and honors the "Golden Rule" every day as he works across the aisle to create jobs, raise wages, protect the beaches, honor the military and veterans, strengthen education and ensure fair treatment for all.

The meeting will be interactive with time for questions from attendees. To attend, email pcisancap@gmail.com to receive the Zoom link or watch live at www.facebook.com/pcisancap.

Annual dues for the Progressive Club of the Islands are \$30 per individual or \$60 per couple. To renew a membership or join, mail a check payable to PCI to: PCI, P.O. Box 898, Sanibel, FL 33957.

For more information, visit https//pcislands.org, call 994-3175 or email pcisancap@gmail.com.☆

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Is Wallcovering Right For Your Home?



by Jeanie Tinch

hese days, home design and reconfiguration are very popular, as many homeowners are spending more time in their homes, analyzing every detail, from fixtures and color

schemes, to how each room is utilized.

From adding new furniture to the living room to completely gutting the kitchen and starting from scratch, there are so many different renovation projects for homeowners to complete (or even to pursue in phases). Those looking for an option that's less drastic and more practical, however, may instead invest in new accessories, change up the lighting, or even try something that is both vintage and

refreshing... wallcovering!

This wall adornment may have been a nightmare for homeowners in the past, but today's version of wallpaper is more versatile and stylish than ever before. Perhaps you're interested in the idea of wallcovering, but you have no idea where it belongs in your home. Based on your personality and your mood for redesign, there are many options to choose from.

For the adventurous type, go for it! If you're ready and willing to hang wallcovering in a room that gets heavy traffic, such as the living room or kitchen, then you have plenty of

space to work with. This is an excellent opportunity for a new focal point and conversation starter.

For the laid-back type, take it easy. Maybe hanging wallcovering in a big room sounds more anxiety-inducing than appealing. If that's the case, start small. The guest bathroom is a great place to express your creativity in a more toned-down gesture. Wallcovering is great an accent wall in your bedroom or a backdrop wall in your home office.

For the indecisive, why not leave it to the little ones. Instead of putting the pressure on yourself to have wallcovering installed somewhere in your home that you frequent often, consider a space that's all about maximizing creativity such as the rooms where your kids (or grandkids) spend the most time. Whether it is the bedroom or play space, this is the perfect opportunity to play with fun colors, textures and patterns without feeling overwhelmed about it.

For some, choosing the right type of wallcovering is more difficult than deciding where it will look its best. With dozens of different textures and limitless prints and colors, there are so many different options to choose from that it is hard to narrow things down. Bold or textured neutral patterns are perfect for large gathering spaces. If you are looking for something that is a bit spunkier and more playful, find a pattern for the home office that mimics a bookshelf or abstract patterns that turn your bathroom into a sophisticated space for relaxation.

Consulting a design professional can be helpful in exploring the many options and how wallcovering can be used creatively in your home or office.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.\$

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Shine



by Kay Casperson

hen I was growing up, my parents were very active in their church, from singing in the choir to being on many committees. My siblings and I attended Sunday school and also

went off to camp for a week in summer. As I grew older, I was involved in my church as well, and taught Sunday school for the kids, led a women's group and became a praise and worship leader.

The foundation that was built for my life made a very big impact of who I still am today as an adult. The many things I learned helped me understand not only where my strengths come from but also that I am never alone and will always be OK. It also became clear to me that it is my responsibility to continue to be a light for others and to shine bright in hopes that I might be the difference someone needs in their life at any moment.

We all need this lesson in our lives, regardless of whether you learned it when you were young, or need to hear it even now as an adult. At any given moment, you have the opportunity to be that bright sunshine that someone needs. You can never really know what is actually happening in someone's world behind the scenes. It is our duty to be the light

of the world.

How do you carry yourself? How do you present yourself? Do you complain about things? Do you have humility? Do you show kindness to others? Do you smile often? Do you show genuine joy? You can ask yourself these and many other questions that will give you a strong indication of whether or not you are truly putting your best shine forward.

I understand that there may be times that you just don't feel like shining. So, what do you do on those cloudy days? First, take a closer look within your heart and your life to see what is stopping you. Take a glance at how things are emotionally, spiritually, physically, environmentally and socially. If you are not able to shine, there is something off balance and you have the power to make it right

We all have cloudy days now and then but everything can be altered if something is blocking your light. I recommend daily affirmations, prayer, wellness checkups, loving where you live and surrounding yourself with positive, unpretentious and caring people.

I remember singing a certain song as a young girl and teaching it to children as I grew up. You most likely have heard it as well. It goes like this:

This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. Let it shine, Let it shine, Let it shine.

Don't hide your light. Let the whole

Don't hide your light. Let the whole world see it and you will be the difference someone needs today and every day. If we all did this, think about how shiny our

world would be.

My affirmation for you this week is: "I will let my light shine bright, never hide it or let anyone blow it out."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

deaRPharmacist

The Mystery Pain Of Small Fiber Neuropathy



by Suzy Cohen, RPh

Readers:
There is neuropathy, and then there is small fiber neuropathy.
These conditions are different. Do not dismiss what I'm about to share

because you think it's no different than typical "neuropathy."

This is a very important article because it will help so many people who are suffering and don't know what they have. You might very well have small fiber neuropathy (SFN) and, if you ignore it, in time it will lead to bigger problems all over your body. But if you read this today and get proper treatment and help, it is very treatable. I want to give you hope, while educating you about the disorder.

Only the small cutaneous (skin) nerves are affected in SFN. The main difference between SFN and typical peripheral neuropathy (PN) is that SFN attacks the "small unmyelinated fibers" hence the name "small fiber neuropathy," and it begins with sensations in your toes and feet. Most other types of neuropathy have some degree of demyelination occurring, but again, the fibers destroyed in SFN are not myelinated, therefore this does not respond to methylated vitamin B12 like you might suspect.

Here are a few common symptoms of SFN:

Internal vibration or restlessness
Pins and needles
Numbness
Muscle aches
Electric shock sensations in the body

Trigeminal neuralgia Redness on the feet termed erythromelalgia

GI motility problems
Postural orthostatic hypotension
(POTS)

Bladder problems Dysautonomia

Erythromelalgia is fairly hallmark, and the condition is characterized by episodes of redness, heat, pain, or mild swelling in the feet usually, although it could be the hands or anywhere in the body. It's usually triggered by raising your body temperature, which means you may exit a nice hot shower, or hot tub, or the steam room and discover one or both feet have turned red, for example. It's temporary and likely goes away in a few minutes.

Testing for SFN requires a skin biopsy, and there are amazing new test kits available now that a physician can order. If your doctor does a regular EMG (electromyography) study on you, it will be normal. That's the frustrating and confusing part – SFN does not show up on conventional EMG studies or nerve conduction studies.

The causes of SFN vary and may be tied to infections like Lyme disease or shingles, or endocrine conditions like diabetes. Another frequent, but hard to pinpoint cause is autoimmunity. Furthermore, 40 percent of people with fibromyalgia are thought to suffer with some degree of SFN. One more interesting cause for this uncomfortable condition is the use of (or withdrawal from) SSRI antidepressants.

As for treatment, it varies based upon the etiology. We see best effects from intravenous immunoglobulins (IV IG), as well as anti-seizure drugs like pregabalin and gabapentin. I've written a more comprehensive article discussing more symptoms and treatments, as well as proper testing. I will know to email it to you if you sign up for my free newsletter. To do that, visit my website www. suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.*



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Lettuce Soup: You Can Now Sip Your Salad





by Ross Hauser, MD and Marion Hauser, MS, RD

s you know, we try to consume a plant slant diet. Because of this, we Latypically have a lot of vegetables in the fridge. We utilize all of the great veggie resources around – Farmer's Markets, local grocery stores and even produce delivery options such as MisFits (organic produce delivered to your door - only slightly "misfit" – too big, too small, weird shapes - it's a great option).

The other day, we had too many greens on hand – romaine, baby cabbage and leaf lettuce. Well, the internet is good for recipe searching, so "what to do with too many greens" turned up lettuce soup! We didn't exactly follow the recipe but added some of our own favorite ingredients. It turned out great and it is really good for you – loaded with vitamins, minerals and antioxidants!

Lettuce soup is a great way to use outer leaves and ribs (if you are going to throw them away anyway) as well as lettuce that you won't have time to use in a salad – mesclun greens, arugula, spinach, kale, watercress, leaf lettuce - basically whatever you have! Throw in a potato or two - again, any kind - russet, red, Yukon

Here is the recipe: Cook two medium chopped onions, scallions, and/or shallots and three gloves chopped garlic in olive oil or butter in a four- to five-quart heavy pot over medium heat, stirring, about three to five minutes. Add herbs of your choosing - we like coriander, chervil, dill, basil, tarragon, chives, oregano and many others. Stir in a couple chopped potatoes. Stir and cook about five minutes. Then

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we added about a cup of vegetable broth (but you can use water too) and keep stirring and heating. Once the potatoes start getting tender, stir in your chopped greens (about three to four cups) and two more cups of vegetable broth (or water) plus one cup of water and simmer for an additional 15 to 20 minutes. We followed this with a squeeze of a half lemon, salt and pepper, and a few dashes of Chipotle hot sauce (and/or red pepper flakes). We then blended with an immersion blender (or you can use a blender). We folded in about a half cup of organic plain Greek yogurt to give it some more protein as well as some shredded pecorino romano. We served it in a bowl topped with a little more pecorino, balsamic and lemon olive oil drizzle to finish. Optional: add whatever veggies you need to use up – we have also added chopped tomato, broccoli, cauliflower, leeks. The last batch we made, we also added a little sweetness - chopped fresh pear – and have also used raisins.

So, when you are tempted to throw away that wilted lettuce, think again - and consider making a tasty, nutrient-packed soup. Serve hot, warm, or cold. It will do your body good!

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@

Ronald McDonald House Reopens

onald McDonald House Charities Southwest Florida (RMHC SWFL) Thas begun welcoming families back this month at 25 percent capacity.

In conformance with the CDC and other safety requirements, capacity in the house will increase to 50 percent, 75 percent and 100 percent, in phases two, three and four respectively.

Stringent safety precautions include: Air Purifiers – RMHC SWFL thanks Dr. Tom Sievert with Sievert Chiropractic Clinic in Fort Myers for donating 10 Vollara brand air purifiers for the house;

Masks and Social Distancing – All staff and families must wear a face mask while in the house;

Cleaning and Disinfecting - RMHC

Limited capacity

to ensure social

distancing.

SWFL thanks Wexford Labs, Inc., a global donor for RMHC, for donating cleaning and sanitizing supplies;

Wellness Checks - A checklist of individual wellness questions will be asked of all employees, families and essential visitors before entering the house. Daily temperature screenings will also occur;

Meal Service - Meals will be individually packaged and delivered to guest rooms. All guest rooms.

"We are thrilled to have begun

welcoming back families to our house at 25 percent capacity," said Laura Ragain, executive director. "Our four-phase reopening plan requires strict compliance with CDC and other protocols with the safety of our residents and staff of primary concern. We will resume 100 percent capacity and full operations as soon as

For donation opportunities, contact Karen Zelden at 437-0202 or visit www. rmhcswfl.org.☆

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am ready to begin a new relationship, and I want to know some strategies to attract a healthy partner. Can you provide some starters?

A: Attracting a healthy partner is

significant for joy in your relationship. First and foremost, you have to love yourself first. Self-love truly is a pre-requisite to a healthy partnership. It is essential that you pay attention to the person being in alignment behaviorally with what he/she says. Actions do speak louder than words, so watch the behavior and look for the alignment.

Look for authenticity, compassion,

genuineness, congruence, sense of humor, laughter and empathy. If this person is comfortable in his/her own skin, and is he/she asking you questions about yourself? It's helpful to be brutally honest, because if you turn your head and refuse to see what is, you could be headed for a difficult road ahead.

As you get to know this person, you can begin to take note of what you both want. While you will not agree on everything, by following some guidelines, you can escape the harrowing effects of falling for someone who is unavailable:

Set your intention of what you want; Focus on the reality of the situation at hand;

Take time to get to know the person; Be aware of potential; and

Notice the attentiveness and openness this person is giving you.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.☆

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Angel Flight SE	N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @coti.org 472-3644 984-5920 472-4775 472-0404 472-8334 472-1100 677-7299 gmail.com 2-521-1158 472-6940 395-9232 472-9332 472-9332 472-9332 472-9336 -313-694 gmail.com 472-0141 leclub.org 470-2866 472-6940 395-0819 267-7291 472-4648
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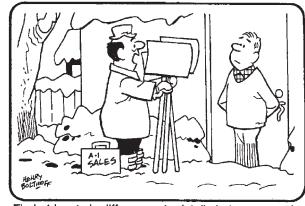
"Well, that harebrained Jones boy finally prevailed on a get-rich-quick scheme.

__ _ _ _ with our daughter!"

Strike	
DOCILLE	
Affirm FORSEPS	
Endorse TERYFIC	
Accurate RECIPES	

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



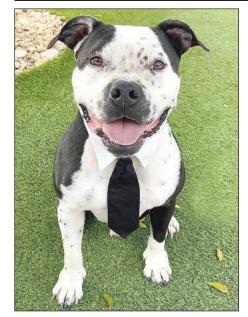
Differences: 1. Sweater has decoration. 2. Doorknob is missing. 3. Boots are taller. 4. One shovel is gone. 5. Fence is higher. 6. House is missing.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

	5			6				7
		2			9	8		
8			4				6	
5			8					3
		1			7	2		
	4		3	2			1	
2			9				4	
	6				2	7		
		7		5				1

PETS OF THE WEEK



Kylo ID# A852776

photos provided

Lee County Domestic Animal Services

Kylo And Puff

Tello, my name is Kylo. I'm a 4-year-old black and white male ■pit bull mix. I'm the self-appointed ladies man at Animal Services and quite a handsome one at that. My unique markings and short stature make me one of a kind. I love chewing on bones, meeting new people and going on long walks. I am very affectionate and playful, making me a great addition for your family. My adoption fee is \$40.

Hi, my name is Puff. I'm a 6-year-old gray male domestic shorthair. I have recently lost my home and family, and I'm now at LCDAS searching for a new



Puff ID# A853072

one. I'm a beautiful and loving guy that just needs a sunny windowsill or comfy couch, and I will happily settle in for a nap. If you're looking for a friendly cat to relax with, come meet me today. My adoption fee is \$20, and you can adopt a kitty friend for me at no additional cost.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.☼

Input Sought On Snook, Redfish, Spotted Seatrout

he Florida Fish and Wildlife Conservation Commission (FWC) has directed staff to gather public input on the future management of snook, redfish and spotted seatrout in the area of Southwest Florida where they are currently catch-and-release only. This came after the FWC received a staff review of the latest Fish and Wildlife Research Institute monitoring data and listened to public

"We know this is an important issue to this region of Florida and, because of that, I will be working with staff to set up ways to gather continued input from recreational anglers and the fishing guide community,' said FWC Executive Director Eric Sutton.

"We have a responsibility for managing these species for all stakeholders," said Vice Chairman Mike Sole. "It really is going to be a combination of looking at the science and listening to our stakeholders to determine how we can best manage the resources for all.

"We need to listen to everyone," said FWC Chairman Rodney Barreto. "I want recreational anglers to feel like their voice is important.

Beginning in August 2018, the FWC made a series of temporary regulation changes to help conserve snook, redfish and spotted seatrout that were negatively impacted by a prolonged red tide that occurred in late 2017 through early 2019. Ultimately, these popular inshore species were made catch-and-release only in all waters from Pasco County through Gordon Pass in Collier County through May 31.

Long-term monitoring data indicate snook, redfish and spotted seatrout were

resilient and did not experience long-term negative effects from the 2017 to 2019 red tide. However, anglers and charter captains have expressed concerns that these fisheries had declined prior to red tide, and that the red tide affected habitat that is essential to these species.

FWC staff will continue gathering public input both online at www.myfwc.com/ saltwatercomments and through public workshops, which will be scheduled in the future. To learn more about future workshops, visit www.myfwc.com/marine and click on Rulemaking and Upcoming

Public Workshops.

FWC will revisit this topic at the May 12 to 13 meeting. Additionally, staff will provide updates to commissioners after stock assessments for snook and redfish throughout Florida are complete later in 2021. These stock assessments, along with stakeholder input, will help staff and the commission evaluate whether any longterm management changes are needed in the future.

To learn more about regulations for these species, visit www.myfwc. com/marine and click on Recreational

Grief Support Group Meetings

anibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.⇔

My Stars *** FOR WEEK OF MARCH 1, 2021

Aries (March 21 to April 19) Whatever decisions you're faced with this week, rely on your strong Aries instincts, and base them on your honest feelings, not necessarily on what others might expect you to do.

Taurus (April 30 to May 20) Your sensitive Taurean spirit is pained by what you feel is an unwarranted attack by a miffed colleague. But your sensible self should see it as proof that you must be

doing something right. **Gemini** (May 21 to June 20) More fine-tuning might be in order before you can be absolutely certain that you're on the right track. Someone close to you might offer to help. The weekend favors family get-togethers.

Cancer (June 21 to July 22) The week continues to be a balancing act 'twixt dreaming and doing. But by week's end, you should have a much better idea of what you actually plan to do and how you plan to do it.

6 (July 23 to August 22) Changing your plans can be risky, but it can also be a necessary move. Recheck your facts before you act. Tense encounters should ease by midweek, and all should be well by the

weekend.

Virgo (August 23 to September 22) You might still be trying to adjust to recent changes. But things should improve considerably as you get to see some positive results. An uneasy personal matter calls for more patience.

Libra (September 23 to October 22) Congratulations. Your good intentions are finally recognized, and long-overdue appreciation should follow. Keep working toward improvements wherever you think they're necessary.

Scorpio (October 23 to November 2) Try to look at your options without prejudging any of them. Learn the facts, and then make your assessments. Spend the weekend enjoying films, plays and musical events.

Sagittarius (November 22 to December 21) Someone might want to take advantage of the Sagittarian's sense of fair play. But before you ride off to right what you've been told is a wrong, be sure of your facts.

Capricorn (December 22 to January 19) You might be surprised to learn that not everyone agrees with your ideas. But this can prove to be a good thing. Go over them and see where improvements can be

Aquarius (January 20 to February 18)

After taking advice on a number of matters in recent months, expect to be called on to return the gesture. And, by the way, you might be surprised at who makes the request.

Pisces (February 19 to March 20) Reassure everyone concerned that a change of mind isn't necessarily a change of heart. You might still want to pursue a specific goal, but feel a need to change the way you'll get there.

Born This Week: You are able to make room in your heart for others, and that makes you a very special person in their lives.

MOMENTS IN TIME

- On March 13, 1781, English astronomer William Hershel discovers Uranus, the seventh planet from the sun. It was the first discovery of a new planet in modern times, and the first to be made using a telescope.
- On March 10, 1876, the first discernible speech is transmitted over a telephone system when inventor Alexander Graham Bell summons his assistant in another room by saying, "Mr. Watson, come here; I want you.
- On March 14, 1914, stock-car racer Lee Arnold Petty is born near Randleman, North Carolina. In 1959, he won the

Daytona 500. Lee Petty never lost a race on account of being too kind to his competitors, even if they were family.

- On March 12, 1933, President Franklin D. Roosevelt gives his first national radio address broadcast from the White House, in which he explained his recent decision to close the nation's banks.
- On March 8, 1971, Muhammad Ali and Joe Frazier meet for the "Fight of the Century" at Madison Square Garden in New York City. The bout marked Ali's return after the boxing commission revoked his license over his refusal to fight in the Vietnam War. Frazier won by a unanimous decision.
- On March 9, 1981, a nuclear accident at a Japan Atomic Power Company plant in Tsuruga, Japan, exposes 59 workers to radiation. Sixteen tons of waste spilled into Wakasa Bay, but Japan's Atomic Power Commission made no mention of the accident until more than a month later. By then, radioactive levels of seaweed in the area were found to be 10 times greater than normal.
- On March 11, 1997, Paul McCartney, a former member of Beatles, is knighted by Queen Elizabeth II for his "services to music." McCartney became Sir Paul in a centuries-old ceremony of pomp

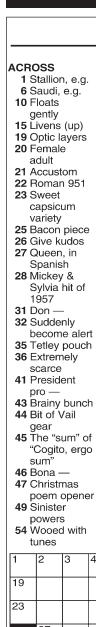
continued on page 30B

14

25 26

48

SUMMONING **Super** Crossword **JEKYLL AND SEUSS**



- 59 Fragrant 60 Best Actress nominee for 'Breaking the Waves' 63 Turn aside
- 64 Category 65 Hit, as a gnat 113 What you do 66 Place
- 67 Lure for fish 71 Deodorant target **74** Song from "Oklahoma!"
- 77 How fast a plane is flying 80 Govt. agent
- 81 Comic Gilda 82 Deep pessimism
- 84 Installed, as brick 86 Actor Ladd
- 87 Soft throw 88 Chum
- 89 Lhasa (small dogs) 94 Visibly angry 95 Highly
- venomous cephalopod "Cogito, ergo 101 Filled the fuel tank, with "un"
 - 103 User of four-letter words 104 "- Smile Be Your Umbrella'

- 58 Comic blows 105 "Guys and Dolls" guy
 - 109 Rockers Clapton and Burdon 111 Fitzgerald of jazz
 - 112 Cliffside nest when you look at the ends of nine
 - long answers in this puzzle 117 Regal Norse name 118 Adorn fussily
 - 119 Morales in movies 120 Haggard of
 - country 121 Where AT&T is "T'
 - 122 Squiggly letters 123 Breeding
 - 1-Across 124 Carne -(Baja dish)
 - DOWN 1 Central area 2 Make
 - hackneved 3 Brush up on 4 City near
 - Monterev 5 Fox Sports alternative
 - 6 High, rugged peak

- music
- 8 University in Nassau County
- 9 Mechánical way to learn 10 Prudent
- 11 Part of ABM 12 Animal coats 13 French for
- "sad" 14 Days of the week, e.g. 15 Campus

workstation

- locale 16 Tending to radiate something
- 17 Provided juice for? 18 Pro or con
- 24 Give relief to 29 Composer Carl Maria -Weber
- 30 Cheer shout 31 Printer clog 33 Org. in "The Martian"
- 34 With 53-Down requests
- 37 Broken-down 38 Knights, e.g. 39 Tic-toe link
- 40 Retired professors

10

42 Defrost 46 Was achy or regretful

> 12 13 14

- 48 "Holy cow!" 49 Hoof or paw 50 Totally
- dominate 51 Good craps
- 52 Keats work 53 See 34-Down
- 55 Novelist Tan 56 Small bite 57 Comedic

54 Place

- actor Jackie 58 H.S. junior's exam 61 It has fluttery
- 62 Twirl, as one's thumbs 63 Naturalist

leaves

- Fossey 66 Con game 68 "Anthem"
- writer Rand 69 Suffix with hero
- 70 The Raptors, on NBA schedules 72 Engine stat
- 73 "- culpa" **74** "I think," in texts
- 75 Half of hexa-**76** Anwar of Eavpt
- 77 Culture base 78 In a criminal way

15 16 117

79 Book full of street maps

- 80 Desert in Mongolia 83 Palme -
- 84 Sonny boys 85 Balm plant
- 88 Most cheeky 90 Maintains order over
- 91 Prisms' color bands
- 92 Was a better peddler than 93 Org. issuing
- nine-digit IDs 95 Youth org.
- with troops 96 Delaware Valley tribe 97 Cows' milk
- deliverers 98 Pvt.'s
- superior 99 False appearances
- 100 Street -(urban acceptance) 102 Cut off
- stubble 105 An inert gas 106 Certain dwarf planet
- 107 Clock info 108 Gvm lifter's units
- 110 Tomato variety
- 114 Water, in Nantes
- 115 Give relief to 116 Irish actor Stephen

King Crossword

13

16

ACROSS

- June honoree Sav it's so
- 8 Pretzel topper
- 12 Past 13 Travel permit
- 14 Done with 15 Brock of
 - baseball 16 Alaskan city
- 18 Heron's kin 20 Army address 21 Dalai
 - 24 Slow, in music
 - 28 Right to vote
 - 32 Cash advance 33 201, in old Rome
 - 34 Heat to near
 - boiling 36 GOP org.
 - 37 Priestly vestments
 - 39 Cheap ride section "Yum!"
 - 43 Novelist Hunter
 - 44 Steal from 46 Cowboy's
 - workplace 50 Spur on
 - 55 Tic-tac-toe win
 - 56 Nerd's kin 57 Hostels
 - 58 Hooting bird 59 Big wind

- 60 Track tipster director 61 Carrier to DuVernay Amsterdam
- **DOWN** 1 Valley 2 Awestruck
- 3 Gloomy 4 Online images
- Scully
- 7 Stadium cheers

28 | 29 | 30

33

8 Reddish-

R O

10 Table support 11 Three, in Rome

53

- 17 Texas tea 19 Sprite 22 PC alterna-
- tives 5 Sportscaster 23 Marble type
- 25 Asta's feeder 6 Computer key 26 Tart flavor
 - 27 As soon as 28 "Shoo!"
- 29 Bruins' sch brown horse 30 Little lies 9 "Selma" 31 Mountain ht.

35 Most loved 38 Painter's motion

55

58

61

- 40 Genetic letters 42 Thee
- 45 Telly watcher
- 47 Cranny
- 48 Batman's hood
- 49 Actress Celeste
- 50 Early bird? 51 PBS funder 52 Cartoon
- frame 53 Yucatan year 54 Wildebeest

DRINKING

MAGIC MAZE • **ESTABLISHMENTS** AXUROLJGDARX

D H O U

BKLOUNGEIFCLS

A

AXVCOSQOLJ LHUN

RNCATLXVTERPORN J H H A F K D B T H E

OXVTTRGSPOYMRV

OIGENDTIBKZXEAW

MOORPATUNNTRDTO ONLJRICOGINMIL

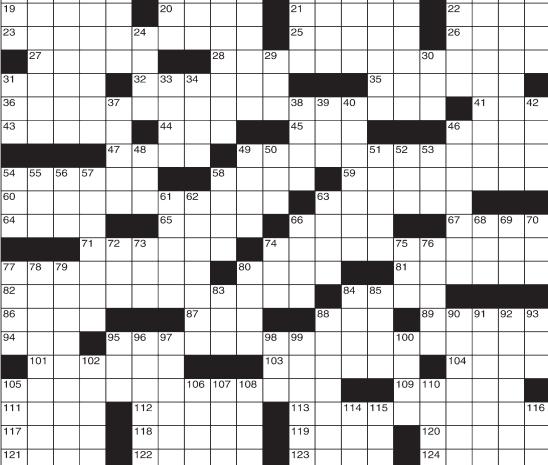
G F D L L A H R E E B I C C A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: ENGLISH PUBLIC HOUSE

Cider house Bar Gin mill Barroom Honky-tonk Beer hall Cantina Inn

Lounge Nightclub Ratskeller Roadhouse

Saloon Taproom Tavern



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FRIDAY Mostly Cloudy High: 76 Low: 66



SATURDAY Partly Cloudy High: 74 Low: 67



SUNDAY Sunny High: 72 Low: 62



MONDAY Partly Cloudy High: 71 Low: 63



TUESDAY Partly Cloudy High: 74 Low: 64



WEDNESDAY Mostly Cloudy High: 75 Low: 67



THURSDAY Partly Cloudy High: 79 Low: 69

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	4:46 pm		None	None
Sat	5:44 pm	1:19 am	None	None
Sun	7:08 pm	2:49 am	None	None
Mon	8:47 pm	4:01 am	None	None
Tue	1:10 pm	4:56 am	10:09 pm	3:37 pm
Wed	1:14 pm	5:39 am	11:10 pm	4:46 pm
Thu	1:22 pm	6:13 am	11:59 pm	5:36 pm

Point Ybel Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	3:51 pm	None	None	None
Sat	4:49 pm	1:21 am	None	None
Sun	6:13 pm	2:51 am	None	None
Mon	7:52 pm	4:03 am	None	None
Tue	12:15 pm	4:58 am	9:14 pm	3:39 pm
Wed	12:19 pm	5:41 am	10:15 pm	4:48 pm
Thu	12:27 pm	6:15 am	11:04 pm	5:38 pm

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	6:34 am	10:11 am	4:25 pm	None
Sat	5:34 pm	1:13 am	None	None
Sun	11:53 am	2:28 am	7:47 pm	2:05 pm
Mon	11:58 am	3:33 am	9:12 pm	3:16 pm
Tue	12:06 pm	4:33 am	10:26 pm	4:19 pm
Wed	12:16 pm	5:23 am	11:16 pm	5:14 pm
Thu	12:32 pm	6:05 am	11:55 pm	6:00 pm

Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	6:56 pm	3:03 am	None	None
Sat	7:54 pm	4:35 am	None	None
Sun	9:18 pm	6:05 am	None	None
Mon	10:57 pm	7:17 am	None	None
Tue	3:20 pm	8:12 am	None	6:53 pm
Wed	12:19 am	8:55 am	3:24 pm	8:02 pm
Thu	1:20 am	9:29 am	3:32 pm	8:52 pm

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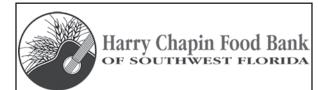
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From page 25B

Moments In Time

and solemnity at Buckingham Palace in central London.

NOW HERE'S A TIP

- Need a quick fix for tarnished brass? Look in your fridge. Ketchup, applied liberally then buffed off, will remove tarnish in a pinch.
- Use a sticky note to clean the cracks in your keyboard. First hold it upside down and shake to remove crumbs. You'd be surprised how much comes out. Then run the sticky strip of the note paper between the keys to pick up dust and any other crumbs.
- "Many people play drinking games with movies and alcohol, but here's my drinking game: I work at an 'office' job (although we are remote now), and every time I get an email notification, I take a sip or slug of water. It's got me surprisingly hydrated!" PJ in Florida

- If your marker is nearing the end of its life, you might revive it by setting it tip down in a little bit of rubbing alcohol.
- "Schedule important doctor's checkups, like your annual physical and dental cleanings, in the same month each year so you will know when they are coming up. I use my birth month. My mom always has hers done in February." ED in Massachusetts
- Use a cotton swab to clean out the tips of your earbuds.
- "To clean out your coffeemaker, run a cycle of water through it, and then pour out half the water and replace it with white vinegar. Pour that mixture back through the coffeemaker (make sure it's off) and let it sit for 10 minutes. Then run the vinegar mixture through, then two cycles of fresh, cold water. AL in New York

STRANGE BUT TRUE

• In 2008, two sisters from Virginia sold their Illinois-shaped corn flake on eBay for \$1,350.

- One of the first diet books, *The Art of Living Long* by Luigi Comaro, came out in 1558 ... and is still in print.
- In the movie *Psycho's* iconic shower scene, Alfred Hitchcock achieved the sound of stabbings by knifing through a casaba melon. He even had his crew audition multiple varieties of melon to get the perfect tone.
- Folks who enjoy collecting ties are known as grabatologists.
- The mostly unknown second and third verses of *Take Me Out to the Ball Game* reveal the song was originally written as a feminist anthem about a woman wanting to go see a baseball game rather than go on a date to a show.
- Cinderella's shoes were made of fur, not glass, in the tale's original version.
- Overdo it on the garlic or onions and need to freshen your breath? Try roasted coffee beans instead of gum or mints. Israeli scientists have found that coffee can inhibit the bacteria that leads to bad breath, but if you prefer drinking it to chewing, you'll do

best to take it black.

- German chocolate cake was named for an American baker, Samuel German.
- "Scurryfunge" is an old English word meaning to rush around cleaning when you see company is on their way over.
- In the Middle Ages, the "shrew's fiddle" or "neck violin" was used to punish those who were caught bickering by linking them face-to-face, forcing them to talk to each other. They weren't released until their disagreement was resolved.

THOUGHT FOR THE DAY

"I had a new vision in front of me, and I always feel that if I can see it and believe it, then I can achieve it."

– Arnold Schwarzenegger

TRIVIA TEST

- 1. **Games**: Which chess piece can only move diagonally?
- 2. **U.S. States**: What is the capital of Nevada?
- 3. Language: What is a lexicon?

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PSA

AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org.
Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.

Shore Fishing:



Don't Harm The Fish by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

- 4. **History**: What was the first sport played on the moon?
- 5. **Literature**: In his will, what gift did Albus Dumbledore give to Ron Weasley in the Harry Potter book
- 6. **Movies**: What was the first Disney song to win an Academy Award for best original movie song?
- 7. **Geography**: What is the capital of Bermuda?
- 8. Inventions: Who first invented a successful vaccine for rabies?
- 9. **Astronomy**: Which two planets in our solar system do not have moons?
- 10. **Math**: What is the Arabic equivalent of the Roman numerals MDCCCXII?

TRIVIA ANSWERS

9. Venus and Mercury 10. 1812 Upon a Star 7. Hamilton 8. Louis Pasteur or restores light sources 6. When You Wish 4. Golf 5. A deluminator, which takes away 1. The bishop 2. Carson City 3. A dictionary

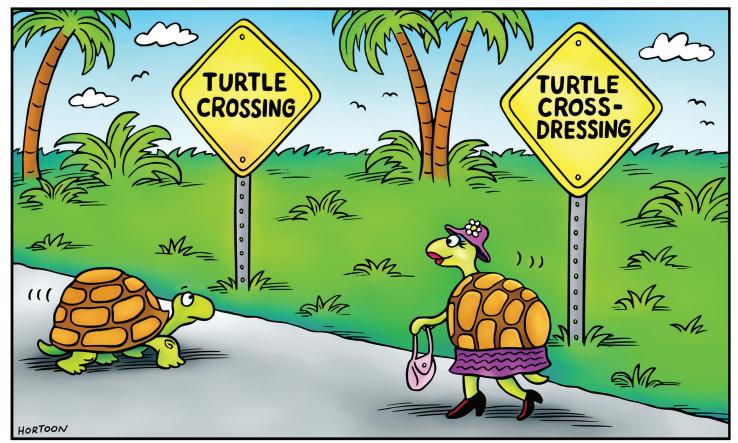
SCRAMBLERS ANSWER

- 1. Collide 2. Profess;
- 3. Certify; 4. Precise

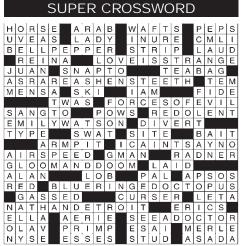
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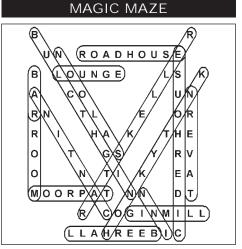
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PUZZLE ANSWERS



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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Harbours	Sanibel	1995	5,127	\$3,495,000	\$3,325,000	455
Oak Knoll at Bonita Bay	Bonita Springs	1993	6,188	\$2,900,000	\$2,800,000	84
Bonita Beach	Bonita Springs	1963	1,309	\$2,489,000	\$2,300,000	4
Trevi	Miromar Lakes	2020	3,222	\$2,220,000	\$2,220,000	185
Riverbrooke	Estero	2000	5,324	\$2,239,900	\$2,050,000	241
Hidden Harbor	Bonita Springs	1991	4,003	\$1,950,000	\$1,900,000	0
Cortona	Miromar Lakes	2018	2,742	\$1,925,000	\$1,900,000	45
Terabella	Fort Myers	2009	5,065	\$1,900,000	\$1,900,000	0
Carolands	Bonita Springs	1987	3,567	\$1,995,000	\$1,875,000	104
San Carlos on the Gulf	Fort Myers Beach	2013	3,757	\$2,150,000	\$1,800,000	37

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